



Sun Protection Policy

At Little Dreams Nursery, we are committed to ensuring that all children are fully protected from the dangers of too much sun/UV rays. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We use the following procedures to keep children safe and healthy in the sun:

- **ALL** parents must provide a new, unopened bottle of high-factor sun cream for staff to apply to their child whilst at nursery. "For children, the British Skin Foundation recommends using sunscreen with a minimum of an SPF 50 with broad-spectrum UVA and UVB protection". Please ensure your child's name is labelled on their sun cream.
- **ALL** children **MUST** have sun cream on for any outdoor play/experiences.
- If the enrolment form does not already have your written consent, then a consent form will be provided to consent to sun cream being applied by staff.
- If there is a delay in their sun cream being provided to the nursery, then we will use the nursery sun cream, which is sensitive SPF50, as children can no longer go outside without sun cream on.
- Children must have a clearly labelled sun hat that will always be worn outside in sunny weather.
- Parents are requested to dress their child in suitable clothing for the weather conditions.
- Children's safety and welfare in hot weather is the nursery's prime objective so staff will work closely with parents to ensure all appropriate creams and clothing are provided.
- Staff will make day-to-day decisions about the length of time spent outside depending on the strength of the sun.
- Children will always have sun cream applied before going outside in the hot weather and at frequent intervals during the day.
- Children are encouraged to drink water more frequently throughout sunny or warm days and this will be accessible both indoors and out.
- Children are made aware of the need for sun hats, sun cream, and the need to drink more fluids during their time in the sun.
- Shade will be provided to ensure children are able to still go out in hot weather, cool down, or escape the sun should they wish or need to.
- Staff must be aware of the expiry dates and discard expired sunscreen.

Your child's safety in the sun is our priority, so please ensure that you follow the procedures detailed above or your child may not be able to spend time outdoors, thank you. 😊