

OPEN POOMSAE ( ALL OTHER STYLES FORMS )				GRASSROOT POOMSAE			TKD FORMS
DIVISION	AGE CLASS	SEX	BELT DIVISION	DIVISION	AGE CLASS	SEX	BELT DIVISION
O-1	5 & under	ALL	White/Yellow/Orange	P-1	5 & UNDER	ALL	White/Yellow/Orange
O-2	5 & under	ALL	Purple/Green/Blue	P-2	5 & UNDER	ALL	Purple/Green/Blue
O-3	5 & under	ALL	Brown/Red/Black	P-3	5 & UNDER	ALL	Brown/Red/Black
O-4	6--7	ALL	White/Yellow/Orange	P-4	6-7	ALL	White/Yellow/Orange
O-5	6--7	ALL	Purple/Green/Blue	P-5	6-7	ALL	Purple/Green/Blue
O-6	6--7	ALL	Brown/Red/Black	P-6	6-7	ALL	Brown/Red
O-7	8-11	ALL	White/Yellow/Orange	P-7	6-7	ALL	Black Belt
O-8	8-11	ALL	Purple/Green/Blue	P-8	8-9	ALL	White/Yellow/Orange
O-9	8-11	ALL	Brown/Red	P-9	8-9	ALL	Purple/Green/Blue
O-10	8-11	ALL	Black Belt	P-10	8-9	ALL	Brown/Red
				P-11	8-9	ALL	Black Belt
				P-12	10-11	ALL	White/Yellow/Orange
				P-13	10-11	ALL	Purple/Green/Blue
				P-14	10-11	ALL	Brown/Red
				P-15	10-11	ALL	Black Belt
				P-16	12-14	MALE	White/Yellow/Orange
				P-17	12-14	MALE	Purple/Green/Blue
				P-18	12-14	MALE	Brown/Red/Black
				P-19	12-14	FEMALE	White/Yellow/Orange
				P-20	12-14	FEMALE	Purple/Green/Blue
				P-21	12-14	FEMALE	Brown/Red/Black
				P-22	15-17	MALE	White/Yellow/Orange
				P-23	15-17	MALE	Purple/Green/Blue
				P-24	15-17	MALE	Brown/Red
				P-25	15-17	FEMALE	White/Yellow/Orange
				P-26	15-17	FEMALE	Purple/Green/Blue
				P-27	15-17	FEMALE	Brown/Red
				P-28	18- 29	MALE	White/Yellow/Orange
				P-29	18- 29	MALE	Purple/Green/Blue
				P-30	18- 29	MALE	Brown/Red
				P-31	18- 29	FEMALE	White/Yellow/Orange
				P-32	18- 29	FEMALE	Purple/Green/Blue
				P-33	18- 29	FEMALE	Brown/Red
				P-34	30 & OVER	MALE	White/Yellow/Orange
				P-35	30 & OVER	MALE	Purple/Green/Blue
				P-36	30 & OVER	MALE	Brown/Red
				P-37	30 & OVER	FEMALE	White/Yellow/Orange
				P-38	30 & OVER	FEMALE	Purple/Green/Blue
				P-39	30 & OVER	FEMALE	Brown/Red

  

WORLD CLASS SPORTS POOMSAE (BLACK BELT)			
DIVISION	AGE CLASS	SEX	BELT DIVISION
WP-1	12-14	MALE	Cadet
WP-2	12-14	FEMALE	Cadet
WP-3	15-17	MALE	Junior
WP-4	15-17	FEMALE	Junior
WP-5	18-30	MALE	1st Senior
WP-6	18-30	FEMALE	1st Senior
WP-7	31-40	MALE	2nd senior
WP-8	31-40	FEMALE	2nd senior
WP-9	41-50	MALE	1st Master
WP-10	41-50	FEMALE	1st Master
WP-11	51-60	MALE	2nd Master
WP-12	51-60	FEMALE	2nd Master
WP-13	61 and Over	MALE	3rd Master
WP-14	61 and Over	FEMALE	3rd Master