

## Happy New Year

As we bid farewell to 2024, we're thrilled to share that our Christmas Party was a resounding success, with 37 patrons joining the celebration! We hope everyone had an amazing time surrounded by family, friends, and good cheer—both at the restaurant and in the comfort of your own homes.

From all of us at CABIS, thank you for being part of such a wonderful year. Here's to an even brighter and more fantastic 2025!





Winter 2025

# Upcoming News

## January

We at CABIS will be visiting the country of Turkey, as well as enjoy a movie about the country.

Through out the month we will enjoy bingo games, Crib, Pizza and Pie, other snacks and activities.

## February

In February we will visit Peru and enjoy themed snacks and a movie.

As well as we have our Valentines Party on February 13th



# Calendar Of Events

Winter 2025

## Club CABIS

Club CABIS is a social drop-in session for survivors of the acquired brain injury. The meeting are held in our office every Thursday afternoon between 1 - 3pm. The first Thursday of the month is themed with a country!

## Ladybug Caregiver

For caregivers of all persons looking after a friend or family member who is living with challenges due to disability, illness or aging. We provide Support for caregivers as requested.

## Compass for the Caregiver

CABIS offers the compass for the caregiver course, which is a four week module course. it is intended for those who are looking after a friend or family member who is living with challenges due to a disability, illness or old age. Please contact us for more info

## Membership Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_



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I would be interested in volunteering with CABIS: Yes / No

Please Mail application/donate to CABIS at #202-4805 48th street, Red Deer, AB, T4N 1S6  
Membership with CABIS is free, however, we do welcome donations.

Charitable tax receipts will be issued for donations over \$20.00.

Membership entitles you to receive CABIS newsletters, and vote at our AGM

Jejina, Stinson,  
Huffman Families



# Recap from 2024

