



# ((VOICE))

VOLUME 23 V2

THE CABIS NEWSLETTER

SUMMER 2023

## PAST EVENTS

CABIS ANNUAL PICNIC AND  
BRAIN WALK FUNDRAISER WITH  
RD ROYAL PURPLE



## BINGO SCHEDULE

WE ARE ALWAYS LOOKING FOR  
VOLUNTEERS FOR OUR BINGOS!  
PLEASE CALL (403)-341-3463 AND  
LEAVE A MESSAGE IF YOU ARE  
INTERESTED IN VOLUNTEERING FOR  
BINGO! FOR THE MONTHS OF JULY  
AND AUGUST WE WILL BE HOLDING 6  
BINGOS A MONTH

## WHERE TO FIND US

FIND US ON FACEBOOK BY SEARCHING  
CENTRAL ALBERTA BRAIN INJURY  
SOCIETY. OUR WEBSITE IS  
[WWW.CABISBRAIN.COM](http://WWW.CABISBRAIN.COM). OUR INSTAGRAM  
IS @CABISOFFICIAL. LASTLY, OUR  
TWITTER IS @CABISBRAIN





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## CABIS CALENDAR OF ACTIVITIES

### LADYBUG CAREGIVER PROGRAM

IF YOU ARE A CAREGIVER WE CAN HELP! JOIN OUR WEEKLY TEAM MEETINGS ON WEDNESDAYS FROM 12-1PM. IF YOU ARE LOOKING AFTER A FAMILY MEMBER OR FRIEND WHO IS LIVING WITH CHALLENGES DUE TO A DISABILITY, PLEASE LOOK TO OUR FACEBOOK AND INSTAGRAM FOR THE MEETING LINK.

### MEMBERSHIP FORM - JOIN CABIS!

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

MEMBERSHIP WITH CABIS IS FREE, BUT WE WELCOME DONATIONS. YOUR FINANCIAL SUPPORT HELPS US CONTINUE TO RUN OUR PROGRAMS AND SERVICES. CHARITABLE TAX RECEIPTS WILL BE ISSUED FOR DONATIONS OVER \$20.00. MEMBERSHIP ENTITLES YOU TO RECEIVE CABIS NEWSLETTERS, AND VOTE AT OUR AGM.

### THE TRAVELLING BRAIN SCHOOL

WE ARE EXCITED TO EDUCATE CHILDREN ABOUT BRAIN INJURY AWARENESS THROUGH AN ONLINE FORMAT COMING SOON!

### CLUB CABIS

CLUB CABIS RUNS EVERY THURSDAY FROM 1-3PM. FOR MORE DETAILS FOLLOW OUR FACEBOOK AND INSTAGRAM! JOIN US FOR FUN, FOOD, AND FELLOWSHIP.

### APLETS

APLETS IS NOW OFFERING TWO PROGRAMS: THE SUPPORT WORKER PROGRAM, AND THE LIFE ENRICHMENT AND SKILLS PROGRAM - FOR ADULTS SEEKING ASSISTANCE TO GET BACK INTO THE WORKFORCE. CALL THEM AT (403)-872-1840 OR EMAIL THEM AT OFFICE.APLETS21@GMAIL.COM

I WOULD BE INTERESTED IN VOLUNTEERING WITH CABIS: YES / NO  
PLEASE MAIL APPLICATION / DONATION TO CABIS AT:

#202-4805 48TH STREET, RED DEER, ALBERTA, T4N 1S6. THANK YOU!

