

((Voice))



OUR **DRUMHELLER TRIP** WAS A WONDERFUL SUCCESS! **17 PARTICIPANTS JOINED US** FOR A FUN-FILLED DAY EXPLORING THE LAND OF DINOSAURS. **A BIG THANK-YOU TO EVERYONE WHO CAME ALONG** AND HELPED MAKE THIS TRIP POSSIBLE!

November

OUR COUNTRY OF THE MONTH WILL BE **INDONESIA**, COME LEARN SOME FUN FACTS.

AS WELL AS WE WILL BE **CELEBRATING REMEMBRANCE DAY** AT CABIS ON THE **13TH**

JUST A REMINDER THERE WILL BE **NO MORE BOWLING UNTIL APRIL OF 2026** DUE TO SPECIAL OLYMPICS

December

COUNTRY OF THE MONTH FOR DECEMBER WILL BE **DENMARK + GREENLAND**

DEC 18TH SANTA WILL VISIT CLUB CABIS TO CELEBRATE **CHRISTMAS PARTY** WITH US. BE SURE TO COME OUT AND CELEBRATE WITH US

WE WILL BE CLOSED FROM DEC 21ST - JAN 6TH

Wishing everyone a Merry Christmas



Calendar of Events

WINTER 2025

Club CABIS

CLUB CABIS IS A SOCIAL DROP-IN SESSION FOR SURVIVORS OF THE ACQUIRED BRAIN INJURY. THE MEETING ARE HELD IN OUR OFFICE EVERY THURSDAY AFTERNOON BETWEEN 1 - 3PM. THE FIRST THURSDAY OF THE MONTH IS THEMED WITH A COUNTRY!

Ladybug Caregiver

FOR CAREGIVERS OF ALL PERSONS LOOKING AFTER A FRIEND OR FAMILY MEMBER WHO IS LIVING WITH CHALLENGES DUE TO DISABILITY, ILLNESS OR AGING. WE PROVIDE SUPPORT, FEEL FREE TO DROP IN TUESDAYS FROM 12-1PM OR BY APPOINTMENT

Compass for the Caregiver

CABIS OFFERS THE COMPASS FOR THE CAREGIVER COURSE, WHICH IS A FOUR WEEK MODULE COURSE. IT IS INTENDED FOR THOSE WHO ARE LOOKING AFTER A FRIEND OR FAMILY MEMBER WHO IS LIVING WITH CHALLENGES DUE TO A DISABILITY, ILLNESS OR OLD AGE. PLEASE CONTACT US FOR MORE INFO



Membership Form

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

I WOULD BE INTERESTED IN VOLUNTEERING WITH CABIS: YES / NO

PLEASE MAIL APPLICATION/DONATE TO CABIS AT #202-4805 48TH STREET, RED DEER, AB, T4N 1S6
MEMBERSHIP WITH CABIS IS FREE, HOWEVER, WE DO WELCOME DONATIONS.

CHARITABLE TAX RECEIPTS WILL BE ISSUED FOR DONATIONS OVER \$20.00.

MEMBERSHIP ENTITLES YOU TO RECEIVE CABIS NEWSLETTERS, AND VOTE AT OUR AGM



Charitable #892279043RR000