

(((VOICE)))

Volume 22 V.3

THE CABIS NEWSLETTER

Fall 2022

Our new website is

www.cabisbrain.com

To find us on Facebook search for:

Central Alberta Brain Injury Society



Our Christmas Party has been set for Club Cabis! It will be on December 22, 2022 from 1-3pm. Dean Ray will be joining us for music, food, and festivities! Mark your calendar 😊

*****CABIS will be closed from December 23, 2022-January 4, 2023 for the holidays!*****

We are always looking for Volunteers for our BINGOS! Please call 403-341-3463 and leave a message if you interested in volunteering for BINGO!

We do them twice monthly.

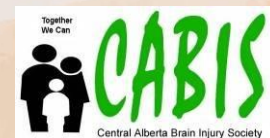


We went bowling on August 25th and September 15th. We hope to continue to bowl monthly through the winter here in Red Deer!

We would like to thank 100 Men Red Deer for their amazing donation of \$4000.00 to CABIS in September 2022.



Central Alberta Brain Injury Society



CABIS CALENDAR OF ACTIVITIES

Ladybug Caregiver Program is now a drop in program being offered on ZOOM every Wednesday! Details are provided below

Compass for the Caregiver is still being offered. If you or anyone you know is interested please call 403-341-3463, or send us an email at cabis.brain@gmail.com

If You Are a Caregiver – We Can Help



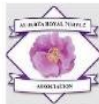
Ladybug Caregiver Program

Join our weekly ZOOM support group from 12:00pm – 1:00pm every Wednesday. If you are looking after a friend or family member who is living with challenges due to a disability, illness or aging, please email cabis.brain@gmail.com

or call 403-341-3463

ZOOM ID # 84800051615

PASSCODE - ZBZg3R



The Travelling Brain School has returned to Central Alberta Schools. We are blessed to be back educating children about brain injury awareness!

Club C.A.B.I.S is running every Thursday from 1-3pm. Details will be posted monthly on Facebook!

APLETS is now offering 2 programs; The Support Worker Program, and Life Enrichment and Skills – for adults seeking assistance to get back into the workforce.

Membership Form – Join CABIS!

Name: _____

Address: _____

Phone: _____

Email: _____

Membership with CABIS is free, but we welcome donations.

Your financial support helps us continue to run our programs and services.

\$ _____ Donation – Less than \$200

\$ _____ Patron Donor - \$200 or more (grateful acknowledgement in our CABIS publications)

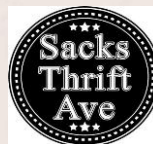
Charitable Tax Receipts will be issued for donations over \$20.00.

Membership entitles you to receive CABIS newsletters, and vote at our AGM.

I would be interested in volunteering with CABIS: YES/NO

Please mail application and donation to CABIS #202-4805 48th Street, Red Deer, Alberta, T4N 1S6. *Thank you!*

Thanks to our sponsors!



*Jejina Family
Stinson Family
Hulleman Family
Bauer Family*