## (((VOICE)))

Volume 22 vol 2

THE CABIS NEWSLETTER

**Summer 2022** 

Come see our new website at

www.cabisbrain.com

& our new Facebook page

**Central Alberta Brain Injury Society** 

We went bowling on July 14th and hope to continue to go monthly. We'll be bowling again on August 25th from 1 to 3.





We are always in need of volunteers for our bingos. Please call (403) 341-3463 and leave a message. We do 2 bingos per month.









We've already had an eventful summer! Here are some pictures from our annual picnic and bowling. Jean also went to Strathmore to attend Lunch and Learnthe Intersection between Brain Injury and Interpersonal Violence. The speaker was Dr. Halina Haag.

> Our Robin is flying to Calgary and we will miss her. The search is on for a new staff.

Central Alberta Brain Injury Society CABIS



## CABIS CALENDAR OF ACTIVITIES

<u>Ladybug Caregiver Program</u> is now a dropin program. We are still hosting it on Zoom every Wednesday from 12-1.

<u>APLETS</u>—Tracy is doing well with support from CABIS for her 2 programs.

Compass for the Caregiver— we recently finished our first 4 week workshop. If you're interested, call (403) 341-3463.



The store downstairs has a partnership with CABIS that started in 2020

Alberta Prairies Life Enrichment Training Studio Ltd. (APLETS)

Tracy Lardner, the Executive Director, runs 2 different programs. A support worker course and a skills training course. She became a partner with CABIS is 2020 as well.

We cannot direct the wind...
But we can adjust our sails.

The Travelling Brain School will restart in September.
More details TBA.

Club Cabis — every Thursday 1-3 with free bowling events in July and August.

Membership Form - Join CABIS!	Thanks to our sponsors!
Name:	
Address: Sacks	Distray
Phone: Thrift	Digitex
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Membership with CABIS is free, but we welcome donations.	100+ Women Who Care
Your financial support helps us continue to run our programs and services.	RED DEER
\$ Donation - Less than \$200	1.
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Membership entitles you to receive CABIS newsletters and vote at our Annual General Meeting	Jejina Family
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Please mail application and donation to CABIS office: #202- 4805-48 St. Red Deer, AB T4N 1S6. Thank You!	Hulleman Family