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Volume 21 No. 3

THE CABIS NEWSLETTER

Fall 2021

Come see our new website at www.cabisbrain.com

& our new Facebook page

Central Alberta Brain Injury Society

CABIS is very grateful for the CIP grant we received in June 2019. Because of this funding for our staff that we were able to stay open through Covid-19 and beyond. We thank you for your support.

COVID Update: Due to an increase in cases, CABIS will be requesting visitors to wear a mask while attending functions until further notice.

September: Club Cabis will meet as usual every Thursday 1-3.

October: Club CABIS will continue, and we will be having a Thanksgiving party on October 7th with food and activities.

November: No Club CABIS on November 11th

December: Club CABIS will meet on December 16th for our annual Christmas party



Here is our lucky winner, Paul Molgat! For the 50/50 draw, he won \$560. We will be hosting another fundraising event before Christmas. Keep your eyes open!



We had to say goodbye to Emily on August 12th. She is perusing her dreams in Calgary. We will always be grateful for her setting up Facebook and our fundraisers. We wish her the very best!

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Travelling Brain School

Due to COVID-19, we are not hosting any presentations in schools at this time, until further notice.

Update on the Caregiver Course

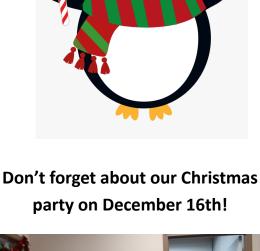
We will do an 8 week course as soon as we have 4 applicants. In the meantime, caregivers can always drop in.

Bingo & Casino

We will be hosting bingo nights once a month. September 14th @ 4:30, October 17th & November 7th @ 10:30. Anyone interested in volunteering can call the office to inquire.

Wellness Ride

We were unable to host the Annual Berry Architectural Community Wellness Ride. Let's hope for next year!







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Looking forward to 2022

- Club CABIS will continue meeting every Thursday and we will continue to have picnics and parties.
- We are continuing to do bingos once a month.
- We will be hosting a casino event sometime in 2022. Stay tuned for more information on that, as we will be holding our AGM in March.
- We are proud to continue our partnership with Sacks Thrift Ave and APLETS.
- Because our 50/50 Draw was a success, we will be continuing these draws. Pay attention to our Facebook to know when they are!
- Caregivers can continue to drop in when our office is open. We are hopeful to run our Compass course in 2022.
- We are also hopeful that we can start doing Travelling Brain School presentations again.
- We will be doing the Wellness Ride when it's possible to do so.

On a lighter note...

Customer: These turkeys in your freezer food section seem so small. Do they get any bigger?

Grocer: No. They're dead.

Central Alberta Brain Injury Society



CABIS CALENDAR OF ACTIVITIES



Please welcome our very colourful

new staff, Robin Forgues.

Our New Partners

Sacks Thrift Avenue

The store downstairs has a partnership with CABIS that started in 2020

Alberta Prairies Life Enrichment Training Studio Ltd. (APLETS)

Tracy Lardner, the Executive Director, runs 2 different programs. A support worker course and a skills training course. She became a partner with CA-BIS is 2020 as well.

We cannot
direct the
wind
But we can
adjust our
sails.
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And

Pass It On...



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Your financial support helps us continue to run our programs and services.

\$_____ Donation - Less than \$200

Membership Form - Join CABIS!

Address:

Phone:

Name:

E-Mail:

Patron Donor - \$200 or more Donation-(Grateful acknowledgement in CABIS publications)

Charitable Tax Receipts will be issued for all Donations of \$20.00 or more

Membership entitles you to receive CABIS newsletters and vote at our Annual General Meeting

I would be interested in helping CABIS: _

Please mail application and donation to CABIS office: #202- 4805-48 St. Red Deer, AB T4N 1S6. *Thank You!*