

# ((( VOICE )))

Volume 23 V1

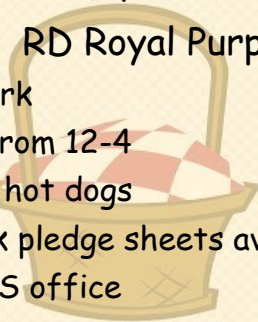
THE CABIS NEWSLETTER

Spring 2023

## UPCOMING EVENTS

CABIS Annual Picnic and  
Brain walk fundraiser with  
RD Royal Purple

Rotary Park  
June 15 from 12-4  
Potluck & hot dogs  
Brain walk pledge sheets available at  
the CABIS office



*To all  
mother's  
every where,  
Happy  
Mother's Day*

We are always looking for  
Volunteers for our BINGOS!  
Please call 403-341-3463 and leave a  
message if you are interested in  
volunteering for BINGO!  
We do them twice monthly.



Ladybug Caregiver Program is now a drop-  
in program being offered on ZOOM every  
Wednesday! Details are provided below

Compass for the Caregiver is still being  
offered. If you or anyone you know is  
interested, please call 403-341-3463, or  
send us an email at  
cabis.brain@gmail.com

Our new website is:

[www.cabisbrain.com](http://www.cabisbrain.com)

To find us on Facebook search for:

[Central Alberta Brain Injury Society](#)

May is

## National Caregiver Awareness Month

it is celebrated across Canada to  
acknowledge the 8 million people providing  
(unpaid) care to a family member or friend  
which is about 28% of the population. For  
employed Canadian's, 35 % are working  
caregivers.<sup>1</sup>



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## CABIS CALENDAR OF ACTIVITIES

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### If You are a Caregiver – We Can Help

Join our weekly On-line support group from 12 – 1pm every Wednesday. If you are looking after a family member or friend who is living with challenges due to a disability, illness or aging, please call or email us and we will provide you with a link to join us on line.

[Cabis.brain@gmail.com](mailto:Cabis.brain@gmail.com) 403-341-3463



### THE TRAVELLING BRAIN SCHOOL has

returned to Central Alberta Schools. We are blessed to be back educating children about brain injury awareness!

### CLUB C.A.B.I.S is running every Thursday

from 1-3pm. Details will be posted monthly on Facebook! Join us for fun, food and fellowship.

### APLETS is now offering 2 programs; The

Support Worker Program, and Life Enrichment and Skills – for adults seeking assistance to get back into the workforce.

Contact us at: 403-872-1840

Email: [office.aplets21@gmail.com](mailto:office.aplets21@gmail.com)

### Membership Form – Join CABIS!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Membership with CABIS is free, but we welcome donations. Your financial support helps us continue to run our programs and services.**

Charitable Tax Receipts will be issued for donations over \$20.00.

Membership entitles you to receive CABIS newsletters, and vote at our AGM.

I would be interested in volunteering with CABIS: YES / NO

Please mail application / donation to CABIS at:

#202-4805 48<sup>th</sup> Street, Red Deer, Alberta, T4N 1S6.

*Thank you!*

### Thanks to our sponsors!



**Jejina Family  
Stinson Family  
Hulleman Family  
Bauer Family**