

Lone Jack Neighbors for Responsible Agriculture -- Food Directory

Area Farms

Happy Hen Eggs Free-Range Eggs south of Valley Oaks CAFO. Contact Mary Sims via LJNFRA Facebook page

Powell Gardens' CSA (Community Supported Agriculture) 2018 memberships are SOLD OUT! Apply for 2019 here: <https://powellgardens.org/join-give/community-supported-agriculture/>

Boxes are distributed every Thursday once the season begins. Subscribers are responsible for pick-up at one of three locations at the prescribed times:

Powell Gardens' Missouri Barn in the Heartland Harvest Garden | 1 p.m. to 4 p.m.

1609 NW US Highway 50, Kingsville, MO 64061

Paradise Park | 4:00 p.m. to 5:30 p.m.

1021 NE Colbern Rd, Lee's Summit, MO 64086

Kauffman Gardens | 6 p.m. to 7:30 p.m.

4800 Rockhill Rd, Kansas City, MO 64110

The Garden of Hope at Lone Jack United Methodist Church, 525 Hunter Lane. Local community garden selling home-grown produce for charity. gardenofhopelj@gmail.com on Facebook at Garden of Hope - Lone Jack UMC

Buffalo Lodge Kingsville. Bison, grass fed, finished, jerky, burger, & steak. "We sell right from the farm by appointment or for delivery and you can also find our products at Heirloom Bakery in Brookside, MO or Konrad's Kitchen and Tap House in downtown Lee's Summit. Terra Health Market sells our bison as well. You can also find us on Saturdays at the Overland Park Farmers' Market and one Saturday a month Brookside Farmers' Market." 816-726-5615

TerraCroft Farm 1933 NW 370th Rd Kingsville 660-909-3850

We sell raw A2 milk from our grassfed Jerseys and non-gmo eggs from pastured hens.

Red Ridge Farms Certified Organic Produce. Odessa. CSA memberships available. Wholesale Quantities Ami 816-694-4432 Jim 816-786-6045 Shop Saturdays at Brookside Farmers' Market and Wed/Sat at Lee's Summit Farmers' Market

JAAAZFARMS@GMAIL.COM www.redridgefarms.wordpress.com on Facebook and Instagram

Red Ridge Farms FLAVOR MARKET Fresh & locally grown. 1461 NW US HWY 50, Holden, 64040. www.flavormkt.com Open Wednesday through Saturday 10-5. Gluten-Free Kitchen!

Foss Family Farm Holden. Naturally raised Angus beef. 10 years of business. Full, ½, ¼ - \$2.50 lb/dressed weight. Half and whole hog also available. Clayton & Glenda Foss, 816-597-3230. earlybirdinc@centurylink.net, fossfamilymeat@gmail.com, www.fossfamilyfarm.com

Hall Farms "The Barn" (north of Oak Grove)

3014 S Outer Belt Rd., Oak Grove, Missouri. On Facebook @hallfarms. (816) 507-4424
Open 6:00 AM - 10:00 PM every day! Self-service farm store offering a variety of dairy, eggs, meat, and produce - all organically raised. Home decor and bath products too!

Horseshoe Creek Farm A happy little farm located in Bates City, MO. Goats, Chickens and Pigs. Their goal is to raise a healthy meat product that they feel is safe. 3812 Milam Rd., Bates City, Missouri. Message via Facebook @horseshoecreekfarm

WeeBitty Farms LLC 1859 Doty School Road, Bates City, Missouri. Contact via Facebook @WeeBitty (816) 529-6461. A new, small, market farm producing fresh fruits and vegetables using organic techniques.

John & Linda's U-Pick Fruit & Berry Farm 2428 Texas Prairie Road, Bates City, 64011. Produce. Vegetables & eggs too. They pick too. 816-690-6293. Open everyday 8-7 when in season.

Peaceful Hills Farm (north of Grain Valley) A small farm that raises raw dairy, pastured pork and free range eggs. Organic practices are utilized and non-GMO feed is fed to all our animals. 32506 E Murphy School Rd., Grain Valley, Missouri. On Facebook @peacefulhillsfarm. (816) 408-8084

Liberty Hill Farm 198 NW 701st Rd, Centerview, Missouri 64019. Via Facebook @LibertyHillFarm (just west of Warrensburg & just south of 50 Hwy—store is in shed west of two silos) Centerview, MO. (660) 656-3340. On-farm retail store has raw milk, free-range eggs, pastured chicken, pork, beef, and in-season vegetables. We also have a great variety of

items made by local artisans including soap, jewelry, and sewn items. Store hours: Thursdays and Fridays 10-6 and Saturdays 9-noon.

Breezy Hill Farm Pasture-Finished Beef. Family Century Farm since the 1860s. 62 SW 58 Hwy, Centerview 64019. www.breezy-hill-farm.com. 660-656-3409.

Buckeye Acres Produce (and meats) 91 NE 600th Rd., Warrensburg, Missouri 64093. (660) 624-1054. Buckeye Acres Produce is a family run operation that has been in business since 1983. We are your stop for locally fresh grown produce. We have strawberries, raspberries, blackberries, jams, jellies and just about any vegetable you can think of. OPEN Tuesdays and Fridays from 1-6.

Where The Redfearn Grows Natural Farms 26355 E Bundschu Rd, Independence, Missouri. (816) 457-1223. www.redfearnfarm.com We are a small local family farm that sells CSA shares. We use sustainable, natural practices to grow fresh vegetables to share with Kansas City.

Harmony Farms Centerview. Harmony Farms is a family owned & operated farrow to finish heritage pasture pork farm. We also raise lamb, goat, and chicken. Harmony Farms' pasture meats are available at the Warrensburg Farmers' Market, for delivery, for monthly packages and at Buckeye Acres Produce. And now at Colonial Gardens' "Local Market" in Blue Springs. (660) 238-2983

ET Hereford's BEEF Family Farm since 1910 & doing it their own way. 75 SW 850th, Leeton, 64761. 816-284-9073. ET HEREFORDS Farm Fresh BEEF. Locally grown located 8 miles south of Warrensburg off of 13 hwy. This beef is raised right here on our farm. www.etherefords.com http://www.etherefords.com/et_herefords_beef

Turnbow Livestock Black Angus. Local, corn-fed, beef. Available at the Warrensburg Farmers' Market. 660-624-0428

Blackwater Bend Farm Small, family farm offering grass-fed and finished beef, apples, honey, and jam. 828 NE 771 Road, Knob Noster, MO 65336. (660) 441-1976, blackwaterbendfarm@hotmail.com. Selling at the Warrensburg Farmers' Market Wednesdays from 3:30-5:30 and Whitman AFB Farmers' Market Mondays from 3-5:30.

David's Pasture LLC Concordia. Family-owned & multi-generational. 696 NE County Road CC, 64020. Beef, chicken, turkey, duck, dairy, eggs, lamb, pork. 816-633-2411. Sold at farm—Monday through Saturday 8-8, Brookside FM, Independence FM, Natural Grocers, and Terra Health. "We provide beef, chickens, turkeys, pigs and eggs raised in open pastures, lots of sunlight without the use of antibiotics. Only non-gmo grains are fed."

Timberline Farm Garden City. Chemical free beef and pork since 1959. Carrie Nichols 816-529-4445. timberlinefarmofgc@gmail.com Amish raised pork from Windsor. Pasture and grain fed, feedlot-free beef.

Area Farmers' Markets

Oak Grove Located at 10th and Broadway (across Broadway from Taxes by M.E.)

Open every **Sunday from 1pm to 5pm**

Tuesdays 8am to 1pm; more information at www.oakgrovechamber.com

Odessa (816) 739-1281. Facebook @OdessaMoFarmersMarket. **Every Thurs, late April thru Sept, Mason & 2nd, 4:30-7pm**. Contact 816-739-1281 - Jeff Beckner, for info. Know your Farmer, Know your Food.

Holden To provide locally grown, fresh produce to the community while supporting our farmers for their hard work. 816-732-2236. Facebook @holdenmarket. Email: p_sechrest@yahoo.com. **Open Saturday at 8:00 am** at the corner of S. Market & McKissock streets. Behind the former F&C Bank. Products: Fruits, Vegetables, Variety of baked goods (breads, pies, cakes, etc.) Jams and Jellies, Ready to Eat Salads, Fresh Eggs, Fresh Chicken, Beef, Body Care Products (shampoo, conditioner, soaps, lotions), Candles (wood-wick and tart bars), other Misc. crafts/textiles, Small Live Animals (limited availability).

Grain Valley I know GV had one in the past, could not find current information on one. If you know current status, please post and tag Amy Wilkinson on LJNFRA Facebook page.

Blue Springs

110 SW 11th St. Via Facebook @bluespringsfarmersmarket (816) 368-0096.

bsfm15@yahoo.com. <http://www.bluespringsfarmersmarket.com> The Blue Springs Farmers' Market begins the first weekend in May and goes through October. The market is open **every Saturday from 7 a.m. to 12 p.m.**

Colonial Gardens' "Local Market" 27610 E. Wyatt, Blue Springs. Produce and meats. Monday-Saturday 8 am - 7 pm. Sunday 10-5. 816-229-1277

Lee's Summit SE 2nd St & SE Douglas St. Facebook @downtownlsfarmersmarket. (816) 246-6598. Freshest produce in town alongside meats, eggs, and more! **WEDNESDAYS AND SATURDAYS 7-1.**

Warrensburg Summer Farmers' Market: April-Oct **Wed. 3:30-5:30pm** located in the fenced parking lot at the corner of Market and Holden and **Sat. 7:30am-noon** at 300 N. Holden St. (Johnson County Courthouse)

Independence 200 S Liberty St. **Wednesdays and Saturdays 6-1.** 816-591-3953.
www.buildingahealthierindependence.org

Area Restaurants

Odessa Creamery 209 S 2nd Street, Odessa. 100% grass fed beef burgers and organic products available for noon lunch through to dinner Friday through Sunday. 816-653-2198

Bean Counter Cafe now on the Colonial Gardens' campus 27610A E Wyatt Road
Blue Springs, Missouri
(816) 600-0089
info@bean-counter-cafe.com

<http://www.bean-counter-cafe.com>

Breakfast, lunch, brunch 7 days a week from 7am to 4pm. "We strongly believe in buying local. It not only supports local small businesses, but also has less of a negative impact on our environment. Locally grown food requires fewer preservative chemicals and gasoline for transport, not to mention its superior flavor.

During the local growing season, you can count on our produce being grown nearby. We even cook with herbs and vegetables from our own garden!

The Bean Counter's coffee beans are supplied by Broadway Roasting Co. located in old Westport, beef from family owned McGonigle's Market in south Kansas City, and jams from The Berry Nutty Farm." ** Please ask about origin of eggs & meats.

Fig Tree Cafe & Bakery Offering Local produce, free-range chicken & eggs. Monday - Sunday, 7:00am - 3:00pm

Full menu available all day!

817 NE Rice Road - Across from Office Max
816-347-0442

Konrad's Kitchen and Tap House 302 SW Main, downtown Lee's Summit. Grass-fed & finished bison burgers from Buffalo Lodge. 816-525-1871.

Cafe Blackadder 121 N Holden St., Downtown Warrensburg. Small farm produce and meats are routinely on the menu. Local art & music too! "Our Mission is to provide delicious, made-from-scratch food items that are fresh and fun. Our menu highlights the season with daily specials and soups. House made deserts have become a favorite as well. Locally owned, locally grown since 2009.

Our menu is available on our website: www.cafeblackadder.com" (660) 747-2382. M-W 11-4, Th-Sat 11-8.

The Farmhouse Farm to Table American. 300 Delaware, KCMO 816-569-6032
www.eatatthefarmhouse.com

The Homesteader Cafe A Farm to Table Restaurant. 100 E. 7th Street, KCMO 64106.
816-474-8333. info@thehomesteadercafe.com

Webster House An award-winning restaurant with spectacular views of the Liberty Memorial and downtown with seasonal menus focused on ingredients from local producers. 1644 Wyandotte St., Kansas City, MO 64108
Reservations (816) 800-8820 <http://websterhousekc.com/about-us/>

For more farms in the greater Kansas City area visit:
<http://directory.kcfoodcircle.org/>

And throughout the US:
www.eatlocalgrown.com