



“Practicing Prayer” Resources

Advent 2020

Zion Evangelical Lutheran Church
Deerfield Beach, Florida

December 2nd - Contemplative Prayer

- *Into the Silent Land: A Guide to the Christian Practice of Contemplation* by Martin Laird - available [here](#)
- *Contemplative Prayer* by Thomas Merton - available [here](#)
- *Contemplative Prayer: Praying When the Well Runs Dry* by Joann Nesser (currently out of print)
- Contemplative/Centering Prayer Resources from the Florida-Bahamas Synod - available [here](#)

December 9th - Embodied Prayer

- *BodyPrayer: The Posture of Intimacy with God* by Doug Pagitt and Kathryn Prill - available [here](#) for \$4.99 on Kindle
- *Embodied Prayer: Toward Wholeness of Body, Mind, Soul* by Celeste Snowber (currently out of print)
- "Embodied Prayer: Reclaiming the Age-Old Wisdom of the Body Through Movement and Dance" by Kathryn Sparks - available [here](#)
- "The Word Became Flesh: Movement as Prayer" by Michel Le Gribble-Dates - available [here](#)

December 16th - Neighborhood Prayer

- [Video](#) from Pastor Potter's Presentation
- *The New Parish: How Neighborhood Churches Are Transforming Mission, Discipleship, and Community* by Dwight J. Friesen, Paul Sparks, and Tim Soerens - available [here](#)

December 23rd - Praying the Hours

- *Praying the Hours in Ordinary Life* by Lauralee Farrer - available [here](#)
- *In Constant Prayer* by Robert Benson - available [here](#)
- Apps for iPhone and Android: Luther's Small Catechism from Augsburg Fortress (free version contains Luther's Morning & Evening Prayers), Prayer (from Common Liturgy), Daily Prayer (from Wellspring), Centering Prayer (from Contemplative Outreach)