

Serenity Prayer

Living the Serenity Prayer #1

“God grant me the Serenity...”

God grant me the serenity

To accept the things I cannot change;

The courage to change the things I can;

And the wisdom to know the difference.

Living one day at a time;

Enjoying one moment at a time;

Accepting hardships as the pathway to peace;

*Taking, as He did, this world
as it is, not as I would have it;*

*Trusting that He will make all things right
if I surrender to His Will;*

*That I may be reasonably happy in this life
and supremely happy with Him
forever in the next.*

Amen

-Reinhold Niebuhr

“All this I have spoken while still with you. ²⁶ But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. ²⁷ Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. **John 14: 25-27**

What is Serenity?

Peace, Shalom -Is not the absence of conflict
-Is a state of wholeness, completeness, fullness

*When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze. **Isaiah 43:2***

Two kinds of Peace/Serenity:

Worldly Peace -Security, Fragile, Circumstances
Luke 12:13-21 (1550-1551)

Spiritual Peace - Inner calm, opposite of security, presence of God, Deals with reality

*“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.” **John 16:33***

How do I get Serenity?

You can't earn it, You can't buy it, It's a gift from God

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. **Philippians 4:6-7***