

Living the Serenity Prayer
God grant me...

“The Courage to change the things I can”

Moses **Exodus 4:10-17**
David **1 Samuel 17:32-50**

What is Courage?

Courage is not the “Absence of Fear”

Courage is born out of Fear

Gen. Geo. Patton: *“Courage is simply fear holding on 5 minutes longer!”*

We will never find true peace and serenity by running from our fears—worldly peace

Journey to **true serenity** is journeying **“thru fear”** not **“around it”**

How can I get Courage?

Human courage

- Comes thru disciplines
- Small step approach
- Confront poor behavior
- Stand up for yourself or another
- Ask for help from another

Spiritual Courage

Real courage always comes from prayer

“Courage is fear that’s said its prayers”

Real courage is something you can only ask for
and

God can only give

“Be Joyful in Hope, Patient in Affliction, Faithful in Prayer” Romans 12:12

“Have courage because I have overcome the world”

Jesus in **John 16:33**