

Living the Serenity Prayer: Part 5 **Living in the Present**

John 12:7-8

“Leave her alone,” Jesus replied. “It was intended that she should save this perfume for the day of my burial. You will always have the poor among you, but you will not always have me.”

Isaiah 43:18-19

“Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.

Luke 12:22, 25

Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear... Who of you by worrying can add a single hour to your life?

Living in the Present means:

Living in His Presence—Awareness

The whole Israelite community set out from Elim and came to the Desert of Sin...² In the desert the whole community grumbled against Moses and Aaron... Then the LORD said to Moses, “I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions.

Exodus 16:1-2, 4

And surely I am with you always, to the very end of the age.

Matthew 28:20

...be content with what you have, because God has said, “Never will I leave you; never will I forsake you.”

Hebrews 13:5

The Present is a Present—Gift

This is the day that the LORD has made; let us rejoice and be glad in it.

Psalms 118:24

Acknowledging our dependence on Him—One day at a time!

In the morning, LORD, you hear my voice; in the morning I lay my requests before you and wait expectantly

Psalms 5:3

Serenity Prayer

God grant me the serenity

To accept the things I cannot change;

The courage to change the things I can;

And the wisdom to know the difference.

Living one day at a time;

Enjoying one moment at a time;

Accepting hardships as the pathway to peace;

*Taking, as He did, this world
as it is, not as I would have it;*

*Trusting that He will make all things right
if I surrender to His Will;*

*That I may be reasonably happy in this life
and supremely happy with Him
forever in the next.*

Amen

-Reinhold Niebuhr