



Session 5: Jesus' Resurrection & Your Resurrection

CATCHING UP

Did you memorize the verse you selected in the last session?

Let's review some of the key promises that are ours because of Jesus' crucifixion. Turn to Session 4 and read all of the scripture verses in the message outline.

KEY VERSE

And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you. (Romans 8:11 NIV)

WATCH the video lesson now and take notes (if you wish).

Jesus' Resurrection and Your Resurrection

Jesus' resurrection shows us God's _____.

[Jesus] showed himself alive to [his disciples] after his passion by many demonstrations: for forty days he continued to appear to them and tell them about the kingdom of God.

Acts 1:3 NJB

By being raised from the dead he was proved to be the mighty Son of God, with the holy nature of God himself.

Romans 1:4 TLB

Jesus' resurrection proves that _____.

I pray that you will begin to understand how incredibly great his power is to help those who believe him. It is that same mighty power that raised Christ from the dead.

Ephesians 1:19-20 TLB

And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

Romans 8:11 NIV

The power of the resurrection is available to you when you give your life to Jesus Christ.

It will happen in a moment, in the blink of an eye, when the last trumpet is blown. For when the trumpet sounds, those who have died will be raised to live forever. And we who are living will also be transformed.

1 Corinthians 15:52 NLT

That's the future hope of the resurrection. But in the meantime, while we wait for that day, what does the resurrection mean for us right here and now?

The power of the resurrection is the power to _____.

It's not a restart on your old life. It's a fresh start on a brand new life.

*Anyone who belongs to Christ is a new person.
The past is forgotten, and everything is new.*

2 Corinthians 5:17 CEV

I will bestow on you a crown of beauty instead of ashes.

Isaiah 61:3 NIV

I will restore to you the years that the swarming locust has eaten.

Joel 2:25 NKJV

God can make your life a new life, your home a new home, your marriage a new marriage, your heart a new heart, your mind a new mind. The power of the resurrection is the power to start over.

The power of the resurrection is the power to _____.

Jesus Christ gives you not only starting power, he gives you staying power. It's the power of persistence.

I can do all things through Christ who strengthens me.
Philippians 4:13 NKJV

Cast all your cares upon him, for he cares for you.
1 Peter 5:7 NKJV

If your problem is big enough to worry about, then it's big enough to pray about. Cast all your cares upon him.

The power of the resurrection is the power to _____.

You don't need Jesus Christ just because you might die tonight. You need Jesus Christ because you have to live tomorrow. You need the power of the resurrection.

Because of the resurrection, you can have _____.

Because of the resurrection, you can have _____.

*I have come that you may have life,
and that you may have it more abundantly.*
John 10:10 NKJV

Because of the resurrection, you can have _____.

Discovery Questions

1. Why is Jesus' resurrection necessary for our salvation?
2. Ephesians 1:19-20 and Romans 8:11 teach us that the power of God that raised Jesus from the dead is the same power that he uses to transform people's lives. Talk about the transformation that has taken place in your life because of the death and resurrection of Jesus Christ.
3. The power of the resurrection is the power to start over, to keep going, and to finish life confidently. Where do you need to see resurrection power at work in your life right now?
4. Your life on earth is preparation for eternity. Because of Jesus' resurrection, you have the promise of eternal life. How should that truth affect the way you live?

Next Steps

- Look back to the third discovery question. Write down a change you want to see in your life, such as a habit, a thought pattern, a conflicted relationship, etc. What would resurrection power look like in that area of your life? What can you do to prepare the way for the Lord to change your heart and mind? What do you need to start believing or stop believing?
- Select a scripture verse from the message outline that you will memorize this week.
- Pray for your group's prayer requests.
- Dive Deeper. Read these passages about Jesus' resurrection: Matthew 28:1-20; Mark 16:1-20; Luke 24:1-53; John 20:1-31; Acts 1:3-9; 1 Corinthians 15:1-58.