



### Home Health Aide / Sitters

HHAs provide clients with personalized assistance with bathing, dressing, monitoring vital health signs, organizing, planning schedules, grocery shopping, transportation to appointments, companionship, homemaker services such as laundry, dishwashing, vacuuming, and meals.

Sitter: provide clients with personalized assistance with ambulating, homemaker services, such as laundry, dishwashing, vacuuming, meals, errands, medication reminders, and companionship.



### Certified Nursing Assistant / Licensed Practical Nurses

CNA'S: provide clients with personalized assistance with ambulating, monitoring vital health signs, activities of daily living, such as bathing, feeding, toileting, oral care, and light room cleaning.

LPN'S: provide clients with personalized nursing care, Intravenous therapy, G-tube feedings, wound care, vital signs, ambulating, fluid and food intake, output monitoring, assistance with bathing, feeding, dressing, and scheduling appointments.



### Personal Assistant

Personal Assistant: Morning and Evening Routines, Transfer Assistance, Bathing & Showering, Personal Hygiene, Help with Restroom Use, Dressing, Personal Appearance Care, and Incontinence Care

Meals: Meal Planning, Mealtime Feeding and Complete Meal Preparation

Home: Light Gardening, Light Kitchen Cleaning & Organization, Bathroom Cleaning, Light Laundry & Ironing, and Linen Changing

### About Us

Guardian Home Care Services was founded on the principles of providing personalized care for the disabled, seniors, respite and personalized care for those who are returning home from the hospital. Our caregivers go through an extensive level 2 background screening and are CPR certified. We take pride in hiring caregivers who are compassionate and dependable. Guardian Home Care Services guarantees quality home care services to all it's client's of all ages with dignity and respect.