

SEEDS & CULTURE:

Rural and Urban Agriculture United

UCFA's 2026 CONFERENCE March 6-7, 2026

TWO BRANCHES - ONE ROOT

The Symbiotic Relationship Between Rural and Urban Agriculture



Rural and urban agriculture form two vital halves of a sustainable food system. Together, they bridge the divide between producers and consumers, create mutual learning networks, and cultivate food sovereignty across both countryside and city landscapes.

1. Economic Interdependence ■

Urban markets fuel rural farms through farmers' markets and co-ops, while rural inputs sustain urban growers. Together they create shared prosperity and local jobs.

2. Knowledge & Innovation Exchange ■

Urban centers foster agricultural technology innovation adaptable to rural areas, while rural wisdom in soil health and biodiversity strengthens city growing practices.

3. Environmental & Ecological Synergy ■

Urban composting supports rural soil fertility, while pollinator corridors and green spaces link ecosystems for shared environmental benefits.

4. Cultural & Social Connections ■

Urban farms celebrate rural foodways and heirloom crops, while rural traditions are uplifted through urban advocacy for food justice and cultural preservation.

5. Building Resilient Food Systems ■

Urban agriculture ensures local fresh food supply in crises, and rural farms maintain staple crops and seeds—together fostering resilience and sustainability.

Conclusion: Unity in Growth ■

Rural and urban agriculture are partners in a shared ecosystem. Their collaboration ensures equity, sustainability, and resilience for communities from city rooftops to countryside fields.



On March 6-7, 2026 the Ujamaa Cooperative Farming Alliance (UCFA) will host its 2026 conference “**SEEDS & CULTURE: Rural and Urban Agriculture United**” at the University of the District of Columbia (UDC)—in partnership with 2020 Farmers Co-op. The 2020 Farmers Co-op represents urban and rural growers and is committed to the preservation of traditional farming knowledge. The **SEEDS & CULTURE** conference is a uniquely powerful expression of UCFA’s mission to bridge communities across geographic and cultural lines through seed, soil, and shared knowledge.

We are excited about hosting our conference at the Lamon-Riggs Community College Campus which is part of UDC’s Center for Urban Agriculture and Gardening Education—renowned for its applied research and community engagement. This collaboration

highlights UCFA’s commitment to strengthening the continuum between rural food producers and urban growers, demonstrating that food security, sustainability, and biodiversity are collective responsibilities. The University of the District of Columbia, as a land-grant institution in an urban setting, provides an ideal venue for this dialogue, embodying innovation in city-based food systems and sustainable practices.

Together at the **SEEDS & CULTURE** conference we will create a holistic forum where ancestral seed-saving wisdom meets modern agricultural education. The conference stands as a living example of how cooperative economics, cultural preservation, and agricultural science can converge to build equitable and resilient food systems that unite the countryside and the city.



For updates about **SEEDS & CULTURE: Rural and Urban Agriculture United**, scan:

