



2024 FREE Webinars

Sponsored By



End-of-Life Planning

- January 30
- April 30
- July 31
- October 30

Advance Care Planning Made Easy

- February 13, 20, 27
- May 7, 21, 28
- August 13, 20, 27
- November 5, 12, 19

After Death Care & Support

- March 5
- June 4
- September 10
- December 3

Conversations On Grief

The Anger of Grief

- April 25
- July 18
- September 19

NEW! Nature Heals – Reconciling Your Grief Through Engaging with the Natural World

- March 7
- July 3
- October 10

NEW! The Vulnerability of Grief

- February 1
- June 6
- October 17

The Guilt of Grief

- June 13
- August 29
- October 23

Cherishing – The Art of Fully Living While Still Loving and Honoring Those Who've Died

- January 18
- April 4
- September 5

Complicated Grief – How to Understand, Express, and Reconcile Your Especially Difficult Grief

- March 14
- July 11
- December 5

Expected Loss – Coping with Anticipatory Grief

- April 11
- May 9
- September 12

Finding Meaning After Loss

- February 8
- May 17
- August 1
- November 7

NEW! You're Not Crazy Your Grieving

- February 15
- May 23
- August 8
- November 14

NEW! The Anxiety of Grief

- February 22
- May 30
- August 15
- November 21

NEW! Grieving the Other Losses

- January 25
- May 2
- October 3

If You're Lonely – Finding Your Way

- April 18
- August 22
- December 12

Too Much Loss – Coping with Grief Overload

- February 29
- June 20
- September 26

What to Say and What NOT to Say to Someone Grieving

- March 21
- June 27
- October 31

Why Men Grieve Differently and How to Support Them

- March 26
- July 25
- December 17

Grief and the Holidays

- November 13
- December 11

Register FREE – www.KitchenTableConversations.org