

How much do I feed?

Calculate estimated body weight

[Girth (cm) × length (cm)] ÷ 11 000 = Weight

Equine Weight Calculator

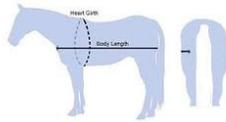
For example:

Girth of 190cm (square this) =36100

Then 36100 x 125cm (length) = 4512500

Then 4512500 ÷11000 = 410kg.

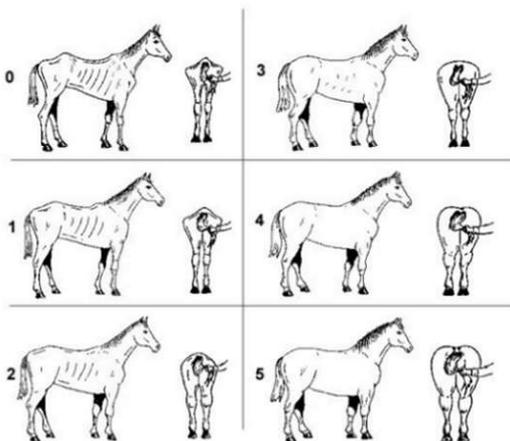
This is an estimate only and could be 50±kg.



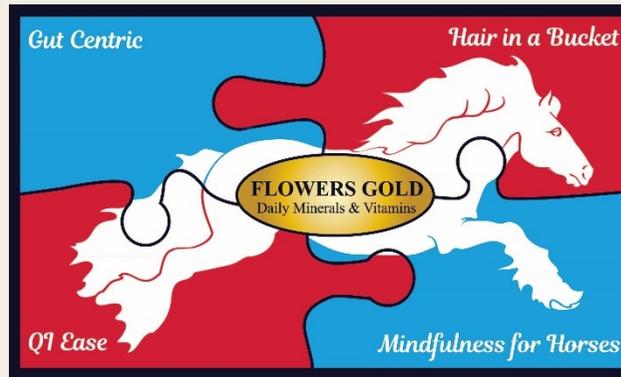
Maintenance daily feed requirements

Formula: Multiply 1.7 x estimated horses weight then divide by 100. Example 1.7 x 410 (kg)= 697, so 697/100 is 6.9kg. Meaning you need to provide 6.9 kg of dry weight feed daily to a horse weighing 410kg.

Hay/grass/chaff should make up at least 70% of the daily diet. A 410kg horse, for example, in maintenance mode - feed at least 4.8kg dry weight of hay/grass per day PLUS a hard feed (dry weight) a maximum of 2.1kg to make up the daily feed requirement of 6.9kg in this example.



0=too thin, 1=thin, 2=fair, 3=good, 4=fat, 5=too fat



Our Add-on options

*The following feed supplements are all safely able to be fed together and alongside **Flowers Gold***

Gut Centric: A rich blend of broad spectrum probiotic formula combined with prebiotics (feed the good microbes) PLUS Marshmallow Root, Beta Glucan, Kaolin Clay, MOS and Diatomaceous Earth. Recommended as 3 week program.

Hair In A Bucket: The unique complex of biotin combined with its codependent blend of Manganese, Co-dependent Copper & Zinc, Methionine & Organic chelated Selenium.

Mindfulness For Horses: Like no other, our specialized blend of Amino Acids, Vitamin B's, Organic Magnesium and unique herbs.

Q1 Ease: Amino Acid, Yeast Extracts and Soluble Fibre – so secret is this blend yet guaranteed not to conflict with any other equine feed source.

Topical product

Q1 Gold Serum: A luxurious super fine oil based serum for external applicataion. Made from the oils of Coconut, Emu, Shea, Jojoba and fortified with the Essences of Rose Geranium, Tea Tree, Lemon of Eucalypt, Citronella, Spike Lavender. All premium ingredients and safe for your hands too.

SIMPLY ADD 110G



'Keep It Simple Diet'

'Simply add FLOWERS GOLD to an economical, low sugar base feed. You can easily make your own perfectly balanced feeds'.

www.thenudehorse.com.au



www.wattlelanestables.com.au



Ideal Base Feeds

Lupins
Beet-pulp
Copra
Lucerne hay & chaff
Fish oil & Coconut Oil

Why make your own base feeds?

- Supplying your own base feeds, allows you to control the quality and quantity of key nutrients in your horses diet.
- You can increase calorie intake to gain weight and decrease to manage ideal weights, whilst always delivering the daily necessary minerals and vitamins needed for optimal wellbeing.
- Better quality base feeds can mean
 - * less risk of allergies from grains
 - * prevention of intake of hidden moulds in pelleted feeds
 - * low sugar intake without artificial colours/flavours



Like to learn more?

These interesting facts came from the science rich website delivering the latest research findings on a whole range of topics- www.thenudehorse.com.au

Base Feed Differences

Clever marketing and well worded commentary on premade feed may not help you understand the real differences in feeds. You can now understand what really makes for long term well-being, better gut microbial activity and a safe all day energy source.

Super Fibres

Copra, Beet pulp and Lupins are rich sources of 'super fibre' type of polysaccharides. These super fibres have a high water-binding capacity (viscosity increases from the presence of fibrous polysaccharides). The fibres carry volumes of water and nutrients undigested through the small intestines and on into the hindgut (large intestine) to release their nutrients and feed the good microbes such as Clostridium, Bifidobacterium, Lactobacillus, Staphylococcus, Enterococcus, Streptococcus, Enterobacter and Escherichia hence stimulating colonization of intestinal microflora.

Fibre types of Polysaccharides provide sustainable energy (slow release energy) and help stabilize blood sugar levels (reduction in glycaemic response).

Most grains on the other hand are high in the polysaccharide carbohydrates of sugar and starch (NSC). This type is connected with metabolic disorders.



Polysaccharides fibre have also been claimed to increase the amount of feel-good chemicals in the brain, decrease gastric emptying, increase satiety, improve immune system health and assist liver function.

Oils

Canola, Sunflower, Rice bran, Vegetable oil – all polyunsaturated and likely produced via chemical processes and extreme heat.

The industrial processes to create vegetable oils damages the extracted fats and makes them unstable and rancid right from processing (rancid smells hidden by the deodorizing step), when consumed free radicals enter the body.

The end result- an enormous chain reaction of free radicals that quickly wreaks havoc triggering disease – even immunosuppressive disorders.



Stock feed manufactures readily add cold pressed Canola Oil to their blends. However, Canola oil is created from genetic modification (GMO) of rapeseed to contain little if any erucic acid. One study indicates Canola oil creates vitamin E deficiency.

The high medium chain triglycerides (MCF) richly found in coconut oil improve cognitive function. Coconut Oil has shown to: **1.** Help weight loss by increasing metabolism (sending signals of satiety to the brain and cannot be stored as fat). **2.** Improve digestion and absorption of fat soluble vitamins (vitamin A, D & E). **3.** Benefit the skin and coat. Provide a rapid form of non-carbohydrate energy.

Fish oil is loaded with Omega 3's to assist balancing the omega 6 to 3 ratio – leading to many key health benefits that fight disease and inflammation. Coming in with a ratio of 1:21 (Omega 6:3). Flaxseed by comparison has 1:4 with just 5% bioavailable.



Minerals & Vitamins

Globally it is agreed horses have a minimum recommended daily intake of minerals and vitamins to help prevent disease caused by deficiencies and support optimal wellbeing.

By daily adding the balanced mineral and vitamin supplement Flowers Gold, that meets the NRC guidelines, you can be assured no matter the available pasture, type of hay or base feed, the same nutritional provision can be made.

Readers of The Nude Horse voted Flowers Gold as the most comprehensive and absorbable daily mineral and vitamin blend. Check out more at <https://wattlelanestables.com/flowers-gold>.

No iron is found in Flowers Gold as it is naturally abundant in Australian soils and Australian grown feeds.

Organic & chelated forms of hard to absorb nutrients are provided – zinc, copper, magnesium, manganese & selenium.



Soak Base feeds in 5 x water for 30 min then add Flowers Gold