

*10 Ignition Points To Get You Fired Up
About Intensifying Your Life's Purpose!*



By: Dr. Kim Carter, The Igniter

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A Note from the Author

Have you ever experienced being “retired in place” where you show up for work day in and day out, not really feeling passionate about life in general. Are you trapped in a situation and can not see your way out, leaving you paralyzed in your mind to the point where you could not dream of a better life? Did you lose the flicker in your heart to dare to do something different, something especially for you? I certainly have felt all of these, and sometimes all at once. Then, I received the call from my Doctor’s office to discuss recent test results surrounding a mass found on my lung.

My heart immediately began pounding, tears welled up in my eyes and I began shaking in my chair. The doctor’s call, which resulted in an office visit, was to share the surgical risks of removing the lung mass. I knew at that very moment that I had to “Ignite My Life!” All of a sudden, mortality became very real. I decided against the surgery and continued under my doctor’s care to monitor the lung mass. In “Igniting My Life,” I decided to pursue my passion of speaking, coaching, teaching, and supporting others in reaching their goals. Several months passed and the lung mass began to shrink. Eventually, the mass became inconsequential to the point where I was released from my doctor’s care. This truly tested my faith like never before, and served as the catalyst to light the fire in my life to live on purpose every day! Ignite Your Life! If you do not, your flame will die out and so will your goals and dreams. I am no longer “retired in place” and have identified my inner flame (my why I continue in life and do what I do). I am committed to keep my flame lit by living my life on purpose; living my life on fire!

Ignition Points aims to stir the internal flame’s purpose for your life by bringing about clarity of vision, outlining a directional path to pursue your goals and dreams, and as a source of encouragement to keep you motivated to move on your purpose every day!



Igniting Your Path

Identifying you want something more, Gaining clear vision on what that something more or something else is, and Getting Started

I love igniting the passion in others to move them from where they are to where they want to be. In doing so, I promote quality steps over quantity; the intentionality and direction of the step as opposed to how many steps you can take. Be careful to take a "pause" when rushing to get something accomplished to make sure the quality is good. It is worse when you have a great amount of low quality items that benefit no one. Make it count, make it good, and make it great so that it benefits many. It only takes one time, one act to make a great difference in someone's life; make yours count!

Are you aware of your path; where you're going today?

What one step will you take today that gets you further along on your journey?



Life Begins at the End of Your Comfort Zone
by Neale Donald Walsch

Have you ever felt stuck in place, yet are not certain why you cannot seem to move? Perhaps it is fear of moving forward because we are so unsure of what is to come. The uncomfortable feeling of knowing that you must move without seeing, or being guaranteed the next step is the right one, is unsettling. I want to encourage you to step outside of your comfort zone by sharing two points; it is okay to take the step because God has you. And, moving one inch gets you that much closer to your goal. I finally stepped out of my comfort zone moving away from home and going to a place where I knew no one for growth opportunities. I am glad I did, as I am now more focused than ever on what I am destined to do and become. I am on fire and intentionally lighting the path everywhere I go. Thanks for sharing in my igniting moment.

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Let Your Dreams Drive You

Dare to dream! Dare to step into your destiny. Dr. Gina Stewart said "playing it safe isn't necessarily less risky than stepping out there." Let your pursuit of your dream drive your every move toward it! Don't let anyone or anything deter you from your dreams! We walk by faith and not by sight!

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Tomorrow Is Not Promised

You are aware of the phrase "why put off today what you can do tomorrow." Tomorrow is not promised so making the best of today is the wisest thing we can do. Procrastinating is not an option as it always costs more later. What is it you are called to do today? Be sure to do it!

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Back to Basics

Reflecting back to the basics of life can help us understand what's taking place in the present. Remember when we use to swing and in order to go higher we had to really push back as hard as we could to get the most momentum to propel us forward. Just know that some setbacks merely put us in position to push back hard to gain the needed momentum to propel us toward our purpose. Wherever you are today, no matter what your position, Push Hard!!!

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Know Your Calling

Are you standing still occupying space? I truly believe we are all called to do something significant. What are you called to do? Move on it. It is okay if you do not know and are occupying space, as this is your time to be still and listen for your direction. Once you have it; speak it, believe it, and move on it. Occupying space is just a resting place, a pause that we all encounter. Use it to regroup and regain the tools needed to forge ahead and step out of that space into the next.

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Ethical Development

A very dear friend and I had a great conversation regarding life and how situations and circumstances can take you back to your code of ethics. No matter what is presented to you, or requested of you, make certain to check your moral and ethical compass before deciding if you should travel in that direction. Sometimes our saying no may place someone else back on the right path.

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Retreat or Hold On?

One life event can affect so many others, as a ripple effect can make you think your entire life is being unraveled. One broken piece shattered into so many others seems impossible to put together. Don't fret! Don't retreat! Hold on! Focus on the piece or pieces that are good. Better yet, there are pieces that were great! Hold on to those as you create your new ones. There are times in our lives when rebuilding can be the best thing that can happen. After all, we can pick which pieces we want to add back. Living gives us a chance to learn from our history. So embrace brokenness as your chance to start again with bold intentions to blaze into your purpose!

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The Main Event

Are you prepared for the main event; the presentation you are scheduled to deliver, the surgery you're ready to perform, the case you must defend, the project due today, the moment when you must deliver your best shot? Our opponents are failure, lack of preparation, low self-esteem and confidence, self-sabotage and those yet to surface. We must delete the thought of defeat out of our minds. Our time must be well spent prepping for the fight (the main event) by running (building your stamina), lifting weights (strengthening), studying (standing in what you know and not what you think), and practicing because when the time comes you must be ready. Defeat is not an option. Get in the ring today knowing the fight is fixed because you're ready and you know the victory is already yours - just run in it! Not walk in it - run in it!

Are you aware of your path; where you're going today?

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Wake Up!

Wake Up! Don't fall asleep on your dreams! Wake Up! Take note of your visions; all of them so you don't cheat yourself of any of them. Wake Up! Write them down and make them plain as the good Book says. Wake Up! Align your goals with your visions and speak them into your life daily so you don't doze off and miss your next step to reaching them. Wake Up! Don't nod off and let someone else slip into your path that will hold you up or try to hold you back. Wake Up! Stay alert! Don't sleep too long as you can't afford to forget your dreams. As soon as your path is revealed, even if you can't clearly see how to get there, Wake Up! Move! Run after your dreams, your vision, and your goals that will get you there. Wake Up!

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What one step will you take today that gets you further along on your journey?



About Dr. Kim Carter, The Igniter!

Dr. Kim Carter is a woman of faith who has a strong passion for serving others. With over 34 years of service, she fully embraces her personal mission of “serving as a catalyst to ignite your path, accelerate your journey, and intensify your life’s purpose.”

Dr. Kim is a sought keynote speaker, workshop presenter, trainer, executive coach, academic leader, talent consultant, innovator, advocate, author, and servant. Further, Dr. Kim is a thought leader in organizational development, strategic management, fiscal and operational accountability, talent development (individuals & teams), diversity and inclusion, and leadership. Dr. Kim is an award-winning leader for delivering exceptional customer service, providing optimal engagement, delivering phenomenal performance outcomes, and for being a trailblazer in training and development. Dr. Kim has been a frontrunner and engagement champion in both private and public environments and has led phenomenal individuals and teams to become the top performers in their lives and industry.

Additionally, Dr. Kim serves as a College Dean and previously served as the United States Department of Housing and Urban Development’s HUB Director and was the first African American Woman to hold that position. Dr. Kim’s former roles include, the State of Ohio’s Housing Supervisor, Limited Corporation Trainer, large non-profit Affiliate President, and financial institution Operations Director. Dr. Kim presented a resolution to the Model United Nations and received United States Presidential Recognition for her Leadership efforts. Dr. Kim is an Internationally Published Author and Professional Member of the National Speaker’s Association.

Dr. Kim is certified in the following: DiSC, Myers-Briggs Type Indicator®, Certified Housing & Economic Development Specialist, Strength Trainer Instructor, and Court Mediation*. Several of Dr. Kim’s career focuses include: Responsibility for \$507 million in federal government financing; Negotiating debt forgiveness over a quarter million dollars, removal of 13 liens and IRS Compromise in less than two years; and Raising over \$1million from individual, corporate, and government sources in one year*.

Dr. Kim’s Doctorate Degree is in Organization and Management with a specialization in Leadership, Master’s Degree in Business Administration, and Bachelor’s Degree in Psychology. Dr. Kim’s community service includes: WELD, Ohio (2016, 2017, * 2018 Leadership Conference Presenter, Professional Leaders Series Presenter, and Women Business Owner Committee Member); Community Leadership and Fundraising Committees; and non-profit Stewardship Governance Committee. Dr. Kim has been seen on WBNS 10TV, featured in Capella University’s marketing ads, radio guest on AM 560/87.7 FM and Radio One, and a regularly featured contributing author with Ready Publications.

**Denotes an abbreviated list*