

2025- 2026 Officers

O.I. PRESIDENT
Thomas W Kendo Jr.
www.optimist.org

**MIDWESTERN ONTARIO
DISTRICT GOVERNOR**

Bill G. Adams
biladmz@gmail.com
www.optimismtwo.ca

LT. GOVERNOR ZONE 07

Gordon Caswell
gordon.caswell@gmail.com

Optimist Club of Kitchener-
Southwest

K-W Optimist Club
www.kwoptimist.org

Exec. & Board

PRESIDENT Frank Watty
PAST PRES. George Harper
1st V.P. Justin Wind
2nd V.P. Oz Gunal
TREASURER Joe MacEachen
SECRETARY Ralph Sperling

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John Moyer, Kendra LaRush
Brad Straus, Bill Kern

TWO YEAR

John Zondo, John Moyer
Jim Musselman, Jim Stuart

Bulletin Editor

GEORGE HARPER

george3harper@gmail.com

KW Optimist Club Meetings

Dinner Meetings:

2nd Tues of the month

Board Meetings:

4th Tues of the month

519-885-1119

"Please leave a message if
you want us to return your
call"

Email

thekwoptimistclub@gmail.com

Location

Camp Heidelberg
2001 Kressler Rd.
Heidelberg, ON N2J 3Z4

Mailing Address

PO Box 42052
550 King Street North
Waterloo, ON N2L 6K5



KW Optimist Club Opti-KW-ips

(Since 1952)



PRESIDENT - FRANK WATTY SECRETARY - RALPH SPERLING

Helping over 5,400 Kids per year - Heidelberg Optimist Camp

Volume 75, Issue 07

Aug 01, 2026

President's Message

I hope that we are all making the best of these warm days that



we've been experiencing. For me, add a palm-fringed shore, a calypso band and a "cold one" in hand, and all would be perfect!

Things have been quiet since the VW BUG show which was a success by all accounts and we will soon be gearing up for the Chrysler "Summer Send-Off" show in September when some help from members will be required. More later.

Anyone interested in attending the upcoming Optimist District

Convention to be held here in Cambridge, August 21 - 23 is asked to contact me ASAP. Registration is required by August 7.

This should be a must for anyone who wishes to see and experience something of the Optimist BIG PICTURE and to meet some of the leaders of the organization.

The District Governor will be dropping by at our August Dinner Meeting to induct our newest member and to share some news on the District. A full turnout of members would be appreciated. **We will also have an update on the state of our investments** and prospects for the future from our financial advisor which would be convenient as we face the possibility of major decisions on the future directions of growth and development of our property.

Recently, the Club has been required to review its responsibility in providing overnight camping facilities because of recent legislation affecting health, safety and security of such operations. Camping and Outdoor Nature Education are of course one of the primary areas of our service to the youth of this area. Unfortunately, we are obliged to pause permission for overnight camping until further notice and we hope that this issue affecting all camping operations can be speedily resolved.

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Be
Proud
Your
A
Member
Of
The
KW
Optimist
Club

Next Dinner Meeting Aug 10th 2026

Special Dinner Meeting

Special Guest Speaker - Blair Brace our BMO Investment advisor.

Special visit from our Governor Optimist Bill G. Adams

ALSO - induction of a **new member**

Elizabeth Laredo - laredo.eli@gmail.com



VW Bug Show Report

We had 193 show cars.

The Optimist gate revenue was \$1345, which should be 269 spectators.

Agree, the food truck response was very positive and I'm very happy with them. I would be pleased to have them again. Bug Show bar \$300

Total \$1645 for the club.

Please put us on the calendar for **July 11, 2027**

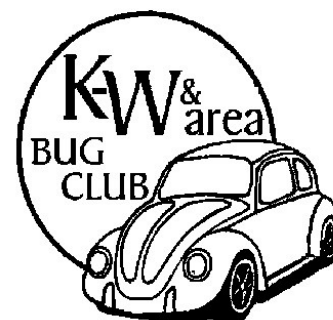
Thanks again to you and your team.

Thanks to you and your team for a awesome event. We are so happy with how smooth the day went.

Our Club spoke with a person from "Oblivion Car show", they maybe might rent next August first weekend (Sunday) Lots of people said hello. Again Thank you Optimists - Joe, John M. John Z., Bruce, Frank, Elizabeth Laredo (incoming new member) and George

Mark Brown Communications/Membership Manager
K-W & Area Bug Club Inc.

mailto:webmaster@kwbugclub.org Website <https://www.kwbugclub.org>



Midwestern Ontario District - UPDATE

4th Quarter Board and Convention August 23-23, 2026

See MWD website for more details and agenda.

Hampton Inn & Suites by Hilton Waterloo St. Jacobs - 55 Benjamin of Woolwich

Make sure you call our President Frank so we can register everyone interested

in the convention. This local Optimist members we should all attention for a bit.

Governor Bill Adams stated "I am proud to serve as your District Governor. I became an Optimist in 2011 when a neighbour knocked on my door and invited me to attend a dinner meeting at the London Oakridge Acres Optimist Club. That knock on the door changed my life "



**KW
Optimist
Club**

Still

Welcomes

New

Members



Working Together to
Spread OPTIMISM
2025-2026

Midwestern Ontario District
of Optimist International
CAMBRIDGE HOTEL & CONFERENCE CENTRE
700 Hespeler Road, Cambridge, ON
Bill G. Adams, Governor
40th Annual Convention & 2025 - 2026 4th Qtr Meeting
August 22-23, 2026 Registration Form

Member Information (print clearly)	Registration (Required) and/or Meals			
1st Member's Name:		Qty	Each	Total
	Member Registration		\$ 12.00	
Club Name/Zone:	MWO Dist. Luncheon		\$ 40.00	
	MWO Dist. Dinner		\$ 48.00	
Email:	MWO Dist. Sunday Lunch		\$ 40.00	
Position(s) Held	TOTAL ORDER			\$
2nd Member's Name:	Food			
	Allergies?			
Club Name/Zone:	Preregistration is required to allow for enough meals!			
	by Aug 7, 2026			
Email:	Make cheques payable to:			
Position(s) Held	MIDWESTERN ONTARIO DISTRICT OPTIMISTS			
	or e-transfer with Name & '4th Qtr' to:			
	mwo46treas@gmail.com			

RIBBONS REQUIRED: Please circle all that apply

First Timer*	President	Lieutenant. Gov	Secretary	Governor
O.I.F. Club Rep	President-Elect	Lt. Gov. - Elect	Treasurer	Governor Elect
Life Member	Past O.I. V-P	District Chair	Secretary/Treasurer	Past Governor

HOTEL RESERVATIONS: Lt.Gov's and Executive advise REGISTRAR by July 15, 2026

Members book early at: reservations@cambridgehotel.ca to reserve for Aug 22-23/26 dates
or 519.622.1505 (hotel direct) Ref: **MWO Optimists by July 7, 2026**

Keep this portion for notes about registration

Cheque # _____
Amount \$ _____
Registration _____
Sat Lunch _____
Sat Dinner _____
Sun Lunch _____



Working Together to
Spread OPTIMISM
2025-2026

(e)MAIL or GIVE COMPLETED FORM to:

Registrar: Opt. Anne Van Niekerk
6 Spruce Lane
New Hamburg, ON N3A 2G6
Phone: 519.572.5188
Email - avn6.avn@gmail.com

**If sending registration or payment by Canada Post, make
sure it will arrive before cut-off dates**

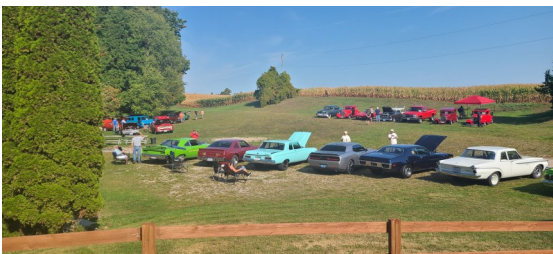
Cruisin to Heidelberg Annual Car Show Sunday Sept 20, 2026

K-W Optimist Camp Heidelberg - Heidelberg, ON

2001 Kressler Road, Heidelberg 10am - 3pm

OCC CAR CLUB - "Old Chrysler Corporation Car Club" - Ontario Canada

Optimist Members - Joe is chair of this event. - check with Joe he going to need help.



**Cruisin in
September
Send
Off
Sept
20th

WE
need
Members
Help**

On The Funny Side

How much do you know about farts besides the fact that they sound and smell funny, and come out from the bum?

These are some things you should know about them:

1. An average person farts around 14 times a day. Those 14 farts a day are enough to fill up a balloon.
2. Farts are made up of hydrogen sulphide that reduces mitochondrial damage. Smelling farts can be healthy, thus next time you fart take a nice deep breath and thank the person.
3. This is not something to be embarrassed about as it means that you are healthy. A healthy digestive tract produces farts. If you are not farting at all go to the doctor
4. The original meaning of fart is forth as wind from the anus. This word was coined in 1962.
5. Gum and soda make you fart more, thus if you know somebody who farts a lot and they drink a lot of soda and chewing gum, hide it from them.
6. Most of the farting happens at night when we sleep.
7. If you have a very tight sphincter you will produce louder farts as they have smaller tighter area to squeeze out from.
8. Farts go as fast as 10 ft/sec.
9. Female farts tend to be stinkier as females have higher concentration of hydrogen sulphide. Female farts are healthier to smell.
10. Men fart more than women.

We really hope you find this article helpful, so when next I fart around you, just clap for me and give me a deep hug!

Aug 10 - Dinner Meeting

WITH Special Guests

Sept 20 - Summer send OFF

**DATES
TO
REMEMBER**



BINGO Dates 2026

Thurs. Aug-20-2026 Evening

Thurs. Sep-17-2026 Evening

Thurs. Oct-15-2026 Evening

Thurs. Nov-12-2026 Evening

Thurs. Dec-10-2026 Evening

Promise Yourself

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



www.kwoptimist.org
519-885-1119

Please leave a message

Email
thekwoptimistclub@gmail.com

CRA Registered Charity

Come and Join Us
Help Youth
Become a member