Good morning, Friends,

The **Coastal Action Group** is growing, and I am happy to add email addresses to our member list, just shoot them my way! Our <u>Coastal Action Group Resource Page</u> is also a shareable document, full of links to local and National non-profits and resources to help us build strong resilient communities! <u>Heather Cox Richardson</u> is an author of American historian and professor at Boston College, and she warns that this is going to be a rough summer for Americans. She also encourages us that we are still within a window where our actions REALLY matter, and we must continue giving the resistance all we've got! I applaud each of you for joining me as beacons of light and truth in our communities.

It's becoming more and more difficult to discern fact from fiction when reading information on the internet. I have even shared unintentional misinformation a time or two, neglecting to fully vet the content. I've attached a helpful graphic that points us to some reliable fact-checking sites to help keep us accurately informed.

If you'd like to join Kevin and I for some peace-anthem sing-a-longs, **BAY LOVE** will be at the Peaceful D-Day Protest in SLO this Friday with our guitars and battery powered speakers. I know that Dee from **Mindful Kindful YOUniversity** plans to join us, as well! Let's make some joyful noise, and show the folks driving through that busy intersection that we should all be paying attention to, and taking action against, what is happening in our government and to the American people!

BOYCOTTS:

ONGOING CHEVRON BOYCOTT

ONGOING TESLA BOYCOTT

ONGOING TARGET BOYCOTT

ACTIONS:

STAND FOR DEMOCRACY - Cambria

Tuesday, June 3rd from NOON to 1:00 PM

Corner of Burton Dr. and Main St. in Cambria

Every Tuesday and Thursday, we stand from 12:00 p.m. to 1:00 p.m. at the corner of Burton and Main St. It is a lovely time and atmosphere, and we get a lot of positive feedback from passersby. Bring signs, flags, & chairs if desired.

POSTCARD PARTY - SLO

Tuesday June 3rd 5:30 - 6:30 PM

SLO Democratic Headquarters 75 Higuera St. Suite 110 in San Luis Obispo Join our resident postcard guru for tips on effective messaging when communicating to your government representatives. We will have addresses and contact info as well as writing samples you can copy. Please bring postcards and postage. Local postcards are preferred, so support a local business!

PIZZA AND POSTCARDS - Grover Beach

Wednesday, June 4th 6:30 PM - 8:00 PM

Grover Beach Community Center at 1230 Trouville Ave.

At this South County Democratic Club monthly meeting, attendees will be feasting on pizza and writing postcards. Action Raffle is back on, so bring your completed action cards. Bring your singing voice for a closing song, too!

STAND FOR DEMOCRACY - Cambria

Thursday, June 5th from NOON to 1:00 PM

Corner of Burton Dr. and Main St. in Cambria

Every Tuesday and Thursday, we stand from 12:00 p.m. to 1:00 p.m. at the corner of Burton and Main St. It is a lovely time and atmosphere, and we get a lot of positive feedback from passersby. Bring signs, flags, & chairs if desired.

PICKET TO BOYCOTT CHEVRON - SLO

Thursday, June 5th 5:00 - 7:00 PM

The Chevron-owned gas station at Santa Rosa and Foothill in San Luis Obispo. This is not a franchise, therefore no individual business owner will be harmed. There will be ongoing demonstrations every Thursday, to educate the public about Chevron's support for genocide in Gaza, sponsored by Central Coast/Central Coast/Centr

PEACEFUL D-DAY PROTEST - SLO

Friday, June 6th 4:00 PM to 6:00 PM

At Los Osos Valley Rd. and Calle Joaquin in San Luis Obispo

Two generations ago, Americans rose up to crush fascism abroad. They risked everything - and many gave their lives - to defend freedom. Today, that same threat is rising again - not in Europe, but here at home, with the current administrations seeking to dismantle the very democracy our veterans fought to protect. We honor their sacrifice not with works, but with action. Join us in defending democracy. Bring your friends & families, your signs & noise-makers, and your joyful voices as we let San Luis Obispo know that We The People stand for Democracy, social justice and freedom! Sponsored in collaboration by collaboration SLO 50501 and SLO County Indivisible groups. BAY LOVE & FRIENDS will be there for peace anthem sing-a-longs, too!

<u>DE-ESCALATION TRAINING FOR VOLUNTEERS AND RALLY ATTENDEES</u> - SLO Saturday, June 7th 9:00 AM to 10:30 AM

SLO Democratic Headquarters 75 Higuera St. Suite #110 in San Luis Obispo Melanie Barket, an expert in crisis management, will lead a training, giving us tips and takeaways to give us the tools needed if faced with a difficult, potentially violent interaction during these trying times. Handouts will be provided. Space is limited, SIGNUP HERE to save your spot!

PADDLING WITH PRIDE - Morro Bay

Saturday, June 7th 11:00 AM to 2:30 PM

Coleman Park Beach 101 Coleman Drive in Morro Bay

Paddling with Pride The Gala Pride & Diversity Center, Paddling Paws and Central Coast Pride are collaborating to host Paddling with Pride. The group paddle board event in Morro Bay will feature games and puppies up for adoption, the event flier said. "Suit up in your brightest Pride gear and help us turn the bay into a rainbow," organizers said. The event is free and family friendly. Paddle boards and life jackets will be available on a first-come, first-served basis.

QUEERWOOD - Los Osos

Saturday, June 7th NOON to MIDNIGHT

690 Santa Maria Ave. in Baywood Park

QUEERWOOD is an annual event that takes place in Baywood, just a few blocks from my house. Join us for a neighborhood PRIDE celebration, starting out with family fun in the afternoon at **BEERWOOD** from 12:00 PM to 6:00 PM, followed by a 21+ dance party at **NIFFY's MERRIMAKER!**

UPDCOMING ACTIONS:

Mark your calendars for upcoming County-wide protests on June 14th, details in next week's email.

SELF-CARE

I love living in a community that embraces diversity, equity and inclusion, and we make an extra effort to attend and support as many community events as we can! Living in Baywood Park since childhood, I know of so many times when neighbors and community members rallied to support a community member need. Nurturing connections with our friends and neighbors enhances our well-being, and will be helpful as we continue navigating an increasingly uncertain future. Is there a cause that you care about? Can you find or create ways to promote that and enhance community connection? One way we do this is by being sure our domesticated silkie chicken makes her annual appearance at Queerwood... in her rainbow tutu (see photo below)! If you'd like to see more of Gertie's adventures, check her out on

Facebook: #gertietheemotionalsupportchicken!

<u>Suzanna Arundhati Roy</u> is an Indian author best known for her novel The God of Small Things, which won the Booker Prize for Fiction in 1997. She is also a political activist involved in human rights and environmental causes. She has many famous quotes, among them, "The system will collapse, if we refuse to buy what they're selling their ideas, their version of history, their wars, their weapons, their notions of inevitability. Remember this: we be many and they be few. They need us more than we need them. Another world is not only possible, she is on her way. On a quiet day, I can hear her breathing."

Linda Martin