### Heathen Moon

Black Mirrors are powerful tools in which we glean insights through it's inky surface through Catoptromancy: Divination using Mirrors or Enoptromancy: Divination using Reflective Surfaces.

Black mirrors help bridge our awareness and are especially useful in pulling images to their surface. Standing as a liminal space and focal point for visualization. Submerged in both the known and unknown they can be a window into the astral plane and an intense tool for discovering our own path forward as well as the paths already traveled.

We can unlock and bring Clairvoyant abilities to our forefront with black mirrors. The technique most commonly used would be defined as scrying, where we gaze at the mirror in a semi relaxed state, let our gaze wane, and allow ourselves to be open to interpret the visuals we see within it's surface or in the depths beyond. We can use our other clair-senses as well. Sometimes the mirror is the portal, and focal point in which we can develop or build upon our psychic senses.

The Mirrors we conjure and bring forth at Heathen Moon are procured through various forms of reclamation. Estate sales, Antique Shops, Garage Sales, Thrift Stores and Ryan often creates frames by handcrafting reclaimed wood.

Upon the glass we use a mixture of inky black mediums to encourage the spirit(s) of the mirror to come forth in the way that is preferred for it's Keeper (that's you). Meaning, if you wish to use your Mirror only as decor, the mirror will remain a blank slate, unless you choose to evoke it's spiritual nature.

All of our Black Scrying Mirrors are energetically worked with from start to finish in Ritual. Through various stages of cleansing, formulated for each Mirrors energy.

Cards and divination is used to interact with the bones of the mirrors energy to give us an idea of what the mirror will be used for, and what formula of ritual is best utilized in various stages of creation.

Sealed with protective (but not babying) Sigils as well as Sigils for Clear Communication.

If you have any questions, please feel free to reach out to us, we love connecting with you!

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Scrying comes from the word "decsry" - to reveal. It has been used as a divination practice for eons. Scrying is the practice of looking into a medium with the intention of gleaning insights, foretell futures, connect to your guides/ancestors/Spirit as you see/feel it. Staring into the abyss and having it look back at you with purpose.

Or, if you are particularly spooky, and not into Divining by scrying, you can hang as décor.

#### Alternative Scrying Mediums:

- · Filling a bowl with water
- · A wine glass with water taking a candle or a lighter to the outside of the glass to char it
- · Candle flame or bonfire flames
- · A bath or sink filled with water
- Candle Wax (Ceromancy)
- Smoke (Capnomancy)
- · Spheres or glass orbs
- · Cracking an egg into water (Oomancy)
- Black Chalkboard

You can set the intention by simply checking in with your expectations. "Am I gathering insights for a specific purpose?" "Am I seeking out a specific energy to come forward?" Etc

Using a scrying mirror for shadow work is helpful, but we don't always see what we expect to, or might not feel ready to acknowledge. Make sure you are prepared for the information you are embarking on gathering. You can do this by checking in with yourself - "Am I ready to gather insights or lessons that may be uncomfortable?"

You can also pull cards to see what the energy is like before you scry, this is a good way to gauge the energy around you (or within you) to determine the kind of session you'll be having.

Evocation & Reflective Smoke Exercise

Gather a few candles. I like to use about 4-5 votives. Light them in front of or in view of the mirror or the medium of your choice. If you're using a mirror it's good practice to set up the candle so you can see the flames reflected. They should be close by and easy to approach, you will be blowing them out shortly and then looking back at the mirror.

Cleanse mirror with Spray or Sacred Smoke while stating:

Mirror of magnificent depths,
Oracle of ancient breadth,
Creature of psychic night,
Bring only the truest answers to my sight.

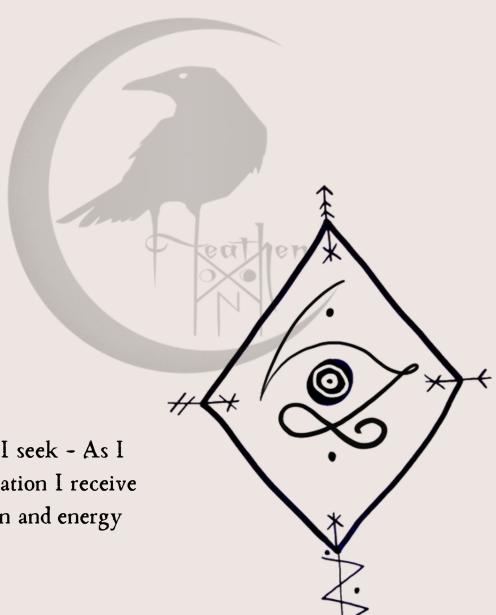
Repeat as many times as you feel called to, then blow out the candles. Watch the smoke within the mirror's reflection with relaxed eyes as it wafts across the mirror. Through the smoke, you may begin to see ripples. As with "magic eye" puzzles, relaxing your gaze increases your ability to Divine within the reflective surface. The smoke may hold your gaze or the mirror itself. I keep a journal handy for after I am done scrying,

Write down anything that comes to mind during and after your session.

Sigil Weaving

To activate & recharge your Sigil, utilize this portion of it with water or oil of your preference on the front and back of the mirror.





I am Protected while I seek - As I gaze & gather information I receive clearly the information and energy given.