

# Break-Thru Tennessee

Serving  
the  
Underserved

## Why Be a Volunteer?

*By Joshua Rosales*

Volunteering is deeply satisfying because it offers a sense of purpose and fulfillment that comes from helping others and making a difference in the community. When you volunteer, you step outside of your own concerns and focus on the needs of others, which can be incredibly rewarding. This selfless act fosters a connection to the community, allowing you to see the direct impact of your efforts, whether it's through a smile on someone's face or a tangible improvement in their lives.

Additionally, volunteering provides opportunities for personal growth, learning new skills, and meeting like-minded individuals who share your passion for helping others. The sense of accomplishment and pride that comes from contributing to a cause larger than yourself enhances your own well-being. Overall, volunteering enriches your life by giving you the chance to contribute positively to the world and be part of something meaningful. I encourage you to become a volunteer with Break-Thru or any organization in need.

**SEPT. 2024  
ISSUE**



**Volunteer Spotlight**

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**Backpack Giveaways**

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**Hispanic Heritage  
Month**

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**Scripture Verse**

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**Did You Know?**

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**Thank You Sponsors**

# Volunteer Spotlight

## Lisette Lopez

Real Estate Agent  
Century 21, Capital Properties

### Volunteer and Board Member

Lisette Lopez loves helping others. In her personal life she is raising a family. In her professional life Lisette assists other families and individuals with finding the perfect home. But there is much more to Lisette than her family and career. She is a lovely woman who volunteers in multiple ways, including with Men of Valor, Latinos for Tennessee, and as a Commissioner with Volunteer Tennessee.

We are pleased that Lisette also serves as a volunteer and a board member for Break-Thru Tennessee.



Lisette is friends with Break-Thru team members and when she was asked to help with events she gave a resounding YES! Lisette strongly believes that doing little things can make a big difference in our world, so she has volunteered for Break-Thru food, clothing, and backpack giveaways. She says, "The energy and spirit of the Break-Thru team goes hand-in-hand with my desire to improve our community. I am blessed to have people around me who take action and love others."

*Thank You Lisette*

BreakThruTn.Com



OUR BACK-TO-SCHOOL BACKPACK GIVEAWAYS WERE A GREAT SUCCESS. WE WERE ABLE TO SUPPLY MORE THAN 1,000 STUDENTS WITH BACKPACKS AND OTHER SUPPLIES. THANKS TO ALL OF YOU WHO HELPED!





# Hispanic Heritage Month Celebration

**October 10, 2024**

**Break-Thru TN is sponsoring a  
Hispanic Heritage Month celebration at the  
TN Governor's Mansion.**

**Doors open at 4:30. Event starts at 6:00 PM.**

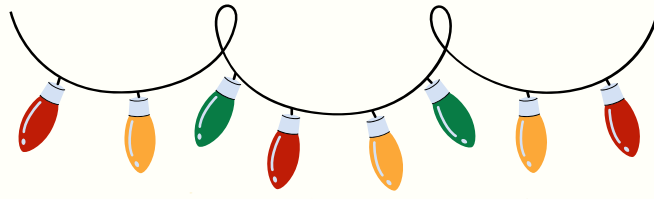
**Dinner is included.**

**The event is FREE - Join Us!**

**[Register](#)**



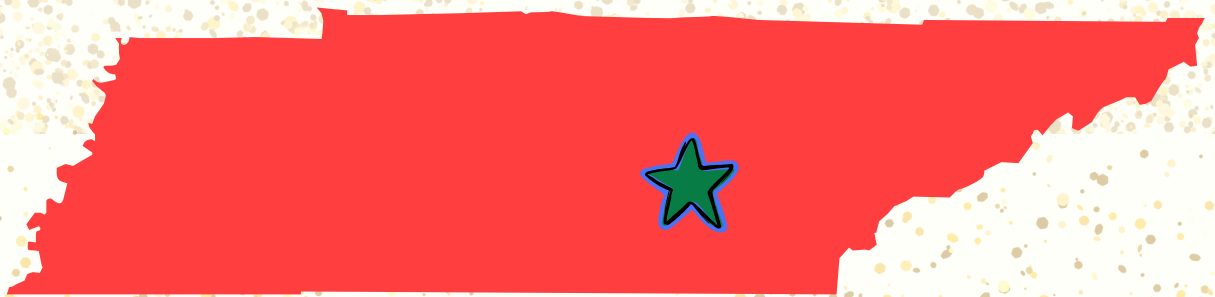




# *Christmas Extravaganza*

## **Exciting News**

*We will be partnering with  
Carestone for our first-ever event  
at the Cannon County Fairgrounds  
December 14, 2024.*



[Click to Volunteer](#)

**Let each of you  
look not only to  
their own interests,  
but also to the  
interests of others.**

**Philippians 2:4 (NIV)**







# Did you know?

**Your donations empower Break-Thru TN to remain independent and responsive to the specific needs of the community. Unlike larger organizations with complex funding structures, Break-Thru TN is a grassroots organization that can allocate resources quickly and efficiently, ensuring that donations have a direct and immediate impact.**

**By supporting Break-Thru TN, contributors are not only investing in the organization's success but also in the well-being and future of their community, ensuring that services and support systems remain accessible to those who need them most.**

**Every donation, no matter the size, helps sustain the organization's efforts to address pressing local needs.**



**DONATE NOW**





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*Middle Tennessee's Home Experts*



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