# Break-Thru Tennessee

#### Serving the Underserved

#### **A Ripple Effect**

By Joshua Rosales

Many individuals and families face barriers that prevent them from accessing basic needs such as healthcare, education, housing, and employment opportunities. By providing support to these underserved populations, we can create a more inclusive society where everyone has the chance to thrive. Moreover, assisting the underserved has a positive ripple effect that benefits the entire community. When we invest in the well-being of our most vulnerable members, we reduce the overall burden on social services and emergency systems. A holistic approach to community support creates a more resilient and prosperous society for all.

Break-Thru Tennessee believes that communities that are assisted will in turn foster a sense of solidarity and strengthen the social fabric. When individuals feel valued and supported, they are more likely to engage positively with their community and contribute to its development.

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Did you know?

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## Volunteer Spotlight

## **Ashley Gaylor**

Totus Wealth Management Financial Services Representative

#### **Volunteer and Board Member**

On a Saturday morning in 2020 Ashley Gaylor read a Facebook post asking for volunteers to help unload food boxes that same day. Ashley typically works out on Saturdays, but he decided he would volunteer and workout at the same time. He sent a response saying he would be available to help and later he drove to Antioch, TN where he joined others who were giving out boxes of food to the community. That was the day Ashley became a volunteer with Break-Thru and later a board member.



Ashley says he was inspired to continue to volunteer with Break-Thru when he saw how many people were being helped. He was especially moved when he loaded a food box into the back of a minivan and saw two little girls with tears in their big brown eyes. He realized that he had been somewhat naive about the needs of those in a low economic status and decided to continue to volunteer with Break-Thru.

While Ashley enjoys volunteering for various Break-Thru projects, his favorite is the food box program. He would love to see the food box program grow and encourages others to go the website to donate and learn about volunteer opportunities for upcoming events.

# THIS SCHOOL YEAR MAY BE BARELY OVER, BUT BREAK-THRU IS ALREADY PLANNING TO PROVIDE BACKPACKS TO STUDENTS FOR THE UPCOMING YEAR.



# We need volunteers for our events!



Our first backpack giveaway this year will be at Blackman High School in Rutherford County. We plan to give away backpacks, school supplies, and popsicles at this event. Join us as we serve the community and enjoy making new friends.

## Let us know if you can help.

Blackman High School 3956 Blaze Drive Murfreesboro, TN July 25, 2024 3 PM to 5 PM







We will be at Temple Baptist Church in Old Hickory, TN to give away school backpacks and popsicles to students. In addition, YaiPak of Clarksville, TN will supply socks and hygiene products.

While you are with us meet
State Representative Candidate
Chad Bobo.

We are going to have a good time!



Temple Baptist Church
110 Fellowship Lane
Old Hickory, TN
July 27, 2024
10 AM to 12 PM

# Did you know?

According to TN.Gov in 2022, 17.6 percent of children in Tennessee lived below the federal poverty line. This was the closest the state has been to the national poverty line which was 16.3 percent. After a significant drop in under-5 poverty between 2020 and 2021, Tennessee's under-5 poverty rate increased to one in five.



Break-Thru Tennessee will continue to work to help reverse the trend and help communities rise out of poverty. Will you help us?













Middle Tennessee's Home Experts

