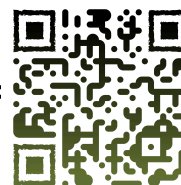


MENU

HAYDEN (208) 762-4676 - 113 W PRAIRIE SHOPPING CENTER
RATHDRUM (208) 712-3494 - 6600 COMMERCIAL PARK WAY
WWW.LOCALDELIUPNORTH.COM



SPECIALTY SANDWICHES

AVAILABLE IN THE HALF AND WHOLE SIZE

GARWOOD GRINDER 10.95 / 19.95

Ham, pastrami, salami, provolone and cheddar with your choice of dressing and veggies

THE COEUR D'ALENE 9.95 / 18.95

Turkey, ham and bacon with your choice of cheese, dressing and veggies

EZ BREEZY 10.95

Chicken salad, provolone, dried cranberries, apples, cucumbers, sprouts, lettuce, tomatoes and mayo on a croissant

BABY J'S PESTO 10.95 / 19.95

Sliced chicken breast, bacon, cheddar, fresh avocado, lettuce, tomatoes and pesto mayo; served warm

THE HAYDEN 9.95 / 17.95

Turkey, ham and roast beef with your choice of cheese, dressing and veggies

THE LOCAL 11.95 / 21.95

Turkey, bacon, Swiss, cheddar, fresh avocado, tomatoes, sprouts and ranch dressing; served warm

THE ITALIAN 10.95 / 19.95

Prosciutto, capicola, mortadella, salami, provolone, lettuce, tomato, onions, house seasoning blend and Italian dressing on our sourdough loaf

THE PERFECT BAGEL 11.95

Fresh avocado, bacon, sprouts, tomatoes, salt & pepper and cream cheese on a toasted bagel

THE VEGG 8.50 / 15.50

Fresh avocado, sunflower seeds, lettuce, tomatoes, pickles, onions, cucumbers and sprouts with your choice of cheese and dressings

TURKEY & CRANBERRY 9.50 / 16.95

Turkey, cranberry sauce, cream cheese, sprouts and cucumbers on our sourdough loaf

WALLACE WORKS 10.95 / 19.95

Turkey, roast beef and bacon with your choice of cheese, dressing and veggies; served warm

CLASSIC SANDWICHES

AVAILABLE IN THE HALF AND WHOLE SIZE

BLT 8.95 / 16.95

Bacon, lettuce and tomatoes, served on our sourdough loaf with your choice of dressing

BLT+ SOME 10.95 / 20.95

Bacon, lettuce, tomatoes, fresh avocado, sprouts, salt & pepper, mayo and your choice of cheese

MEATBALL SUB 9.50 / 16.95

Meatballs, marinara and provolone cheese on our toasted sourdough loaf; served warm

RATHDRUM CLUB 9.95 / 18.95

Turkey, bacon, fresh avocado, lettuce, tomato and mayo, served on our toasted sourdough loaf

FRENCH DIP 9.50 / 17.95

Roast beef, cheddar and provolone on our sourdough loaf; served warm with Au Jus

MOM'S DIP 11.95 / 21.95

Roast beef, bacon, cheddar, provolone, onions and mayo on our sourdough loaf; served warm with Au Jus

REUBEN 10.50 / 18.95

Pastrami, sauerkraut, Swiss, spicy mustard and 1000 Island dressing on our rye loaf; served warm

TUNA MELT 9.95 / 17.95

Tuna, cheddar, lettuce, tomato, banana peppers, pickles and mayo on our toasted sourdough loaf; served warm

WRAPS

CHICKEN CAESAR WRAP 9.95

Chicken, romaine lettuce, parmesan cheese, fresh lemon juice and Caesar dressing in a tortilla wrap

THE DALTON WRAP 10.95

Chicken, roasted red peppers, artichoke hearts, Kalamata olives, spinach, feta cheese, pesto mayo and a drizzle of our V&O in a tortilla wrap

TURKEY CLUB WRAP 10.50

Turkey, bacon and cheddar with your choice of dressing and veggies in a tortilla wrap

BUILD YOUR OWN SANDWICH

YOU SELECT EVERY INGREDIENT

HAM, TURKEY, SALAMI &
SLICED CHICKEN BREAST

WHOLE (12") 14.50 - HALF (6") 8.95 - QUARTER (3") 5.00

CHICKEN SALAD, PASTRAMI, ROAST BEEF & TUNA WHOLE (12") -
17.95 - HALF (6") - 9.95 - QUARTER (3") - 7.00

BREAD:

Sourdough, Wheat, Rye, Bagel*, Croissant*,
Ezekiel Bread*, Lettuce Wrap*, Tortilla Wrap*,
Gluten-Free Bread*
- (*additional charge)

CHEESE:

Cheddar, Pepper Jack, Provolone, Swiss

DRESSINGS:

Mayo, Pesto Mayo, Chipotle Mayo, Yellow
Mustard, Honey Mustard, Spicy Mustard,
Ranch, Raspberry Vinaigrette, Vinegar & Oil,
Italian, Horsey, Thousand Island

VEGGIES

Lettuce, Tomatoes, Pickles, Onion, Cucumber,
Olives, Spinach, Sprouts, Banana Peppers,
Jalapeños, Pepperoncinis

EXTRAS

Fresh Avocado, Bacon, Extra Meat or Extra
Cheese...just ask. Additional charges apply.

COMBOS

CHIP & DRINK COMBO 3.95 / 4.50

Add a fountain drink or bottled drink

DELI COMBO 5.45 / 6.20

Add a drink & small deli salad (Greek, Macaroni
or Potato)

SOUP COMBO CUP 4.50 / BOWL 5.95

Add a cup or bowl of soup to your meal - drink
not included in this combo -

SIDES

GREEK PASTA SALAD 3.95 / 5.95 / 11.00

MACARONI SALAD 3.95 / 5.95 / 11.00

POTATO SALAD 4.95 / 8.95 / 17.00

SOUP OF THE DAY 5.50 / 6.95

Available in a cup or a bowl, served with our
fresh baked bread

SALADS

DRESSINGS: BLUE CHEESE, CAESAR, ITALIAN, POPPYSEED, RANCH,
RASPBERRY VINAIGRETTE, VINEGAR & OIL, 1000 ISLAND, HONEY
MUSTARD

ADD CHICKEN TO ANY SALAD: 3.00

APPLEWAY SALAD HALF 10.50 / WHOLE 13.50

Romaine lettuce, spinach, sliced apples, grapes,
celery, red onion, blue cheese crumbles,
candied walnuts and croutons with choice of
dressing

BOOTCAMP CHEF 15.95

Romaine lettuce, spinach, turkey, ham, fresh
avocado, cheddar cheese, tomatoes, cucumbers,
egg and croutons with your choice of dressing

CANFIELD COBB SALAD HALF 13.50 / WHOLE 15.95

Romaine lettuce, spinach, sliced chicken breast,
bacon, egg, tomatoes, onions, blue cheese
crumbles and croutons with your choice of
dressing

CHICKEN CAESAR SALAD HALF 9.95 / WHOLE 11.95

Romaine lettuce, sliced chicken breast,
parmesan cheese, lemon slices and croutons,
with Caesar dressing

CROSSFIT SALAD 18.95

Romaine lettuce, spinach, double portion of our
sliced chicken breast, bacon, fresh avocado, egg,
tomatoes and red onion with choice of dressing

CHOPPED ITALIAN SALAD 14.95

Romaine lettuce, salami, provolone, tomatoes,
cucumber, onions, black olives, garbanzo beans,
artichoke hearts and pepperoncinis, with Italian
dressing

HONEYSUCKLE SALAD HALF 10.50 / WHOLE 13.50

Romaine lettuce, spinach, tomatoes, onions,
dried cranberries, candied walnuts, parmesan
cheese and croutons with your choice of
dressing

MEDITERRANEAN SALAD 12.95

Romaine lettuce, spinach, cucumber, roasted
red peppers, tomatoes, red onion, Kalamata
olives, feta cheese and pepperoncinis with
Italian dressing

SPINACH SALAD 15.95

Spinach, bacon, egg, feta cheese crumbles, dried
cranberries, candied walnuts and apple slices
with choice of dressing

KIDS MEAL

KIDS SANDWICH, DRINK & SIDE

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Choice of PB&J or a Build Your Own Sandwich
(meat, cheese, dressing and veggies) on sliced
sourdough bread + chips or applesauce & a kids
drink