

The Hawk AI Living Epistemological Framework

The Declarative Document Guiding HawkAI's Quest for Student Wellness Knowledge

Updated: 1.24.25

Parts of a constitution

Table of contents should include:

1. The meaning of wellness.
2. The role of institutions in providing wellness resources.
3. The role of LLMs in providing wellness resources.
4. The role of mindfulness in improving wellness.
5. The role of resilience in improving wellness
6. What challenges this environment presents to these students in pursuing wellness.
7. Hawk AI: What the ideal technological tools leveraging LLMs to assist your wellness would be.