



## **Thank You for your Support**

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*“Attitude is a choice. Happiness is a choice. Optimism is a choice. Kindness is a choice. Giving is a choice. Respect is a choice. Whatever choice you make makes you. Choose wisely.” — Roy T. Bennett*

### **Board of Directors**

President, Rev. Graham Connolly, NST; Vice President, Kimberley Bright; Treasurer, Sue Jalbert;

Secretary, Emily Nadeau; Trustees: Maggie Widell, Jan Rosa and Patti Smith

### **Pastoral Committee**

Rev. Graham Connolly, NST (Chair); Rev. Nancy Parry, NST; Eddita Felt



### **President's Message**

Hello Everyone,

Recently there have been more CDC Guideline changes from the Governor of Maine. With those changes, we at ASC are planning to continue supporting you through online Sunday services, Thursday evening classes and Monday development classes facilitated by Rev. Nancy Parry, NST. We do not plan to start services in the parking lot but as the state begins to open up we will need to ensure a protocol is in place for everyone's safety as we move to that position of relaxed social distancing. Even though it has only been approximately a month of online presence, on behalf of ASC, I wish to thank all those who have joined us. Particularly those from other churches and communities – we even had an attendee join us live from England. To the attendees, we also thank you for your generous donations during these difficult financial times. Please continue to be patient as many originally scheduled (mediums and class facilitators) have had to change their schedule. We have shuffled people and key events. Mediums Day and our May 17 Annual Meeting are needing to be rescheduled or modified. That also includes the Maine State Annual convention in Temple Heights in June.

Among all the stress and insecurity I am trying to invest in myself during this time of isolation. I am looking to learn new skills, gain new knowledge, doing a lot of introspection on self and what I envision for 2021 and 2022. I most likely will want to find new mentors to support my future. Perhaps let go of a few current friends and responsibilities that potentially no longer nurture me. Set new goals for 2021 – Spiritual, emotional, financial and material goals. These are things we should be doing constantly, yet do not as we have too much on our plates. What I do know is that Spirit and my connection there with becomes stronger each day I stay compassionate, have a (somewhat) balanced ego and have service being my foundation. As humans we will falter but as Spirit we are connected with all that is. Divine source.

We hope to see you online and when we are through this to a safer level, we can celebrate and embrace each other. Take care and thank you on behalf of the ASC Board and Pastoral committee. Feel free to reach out to offer feedback or what you wish to see for classes or events. I encourage

each of you to take some introspection time to explore how to Invest in Yourself.

Love and light. Graham

*Rev. Graham Connolly, NST*

Sunday Services will be held via Zoom for the foreseeable future. Thank you to all those who have participated thus far! If you don't have a computer with a camera, you can still participate without one (only name showing) or by phone. You can also turn-off video for a more private option. Click here to register:

<https://zoom.us/meeting/register/tJ0vdu6vrDssZTEwmtjblU05z-w26PuRNq>



**Sunday Service** - 10:30 am - 12:00 pm.

**Mediums Schedule** (*subject to change without notice*):

**MAY 2020**

**May 3** - Rev. Graham Connolly, NST

**May 10** - TBA

**May 17** - Kathy Silvia

**May 24** - TBA

**JUNE 2020**

**June 7** - MSSAC Convention Temple Heights/  
no church ASC

**June 14** - Rev. Nancy Parry, NST

**June 21** - Rev. Patty Palmer, NST

**June 28** - Rev. Pat Wallace, NST

Thursday classes will be held via Zoom for the foreseeable future. Thank you to all those who have participated thus far! [Visit our website](#) for class listing and description.

**ANNOUNCEMENTS**

**Dues & Donations:** Please visit the [website](#) and scroll to the bottom of either the Home page or the Join In page for PayPal links. We appreciate whatever you can do at this challenging time!



**Private Telephone Readings:** The Rev. Nancy Parry is offering private phone readings. Each reading is \$40 for 30 minutes. Please email your name to [augusta@mainespiritualism.org](mailto:augusta@mainespiritualism.org) with "private reading" in the subject line and we will send you her personal contact info or drop a message on her [Facebook page](#). We are accepting online payment (incurs a \$1.20 PayPal fee) or you can always mail a check. Visit the bottom of the [Join In page](#) for PayPal link.

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*Please send newsletter feedback with ideas on what you'd like to see to [augustanewsletter@mainespiritualism.org](mailto:augustanewsletter@mainespiritualism.org).*

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