

PSYCHOLOGICAL ASSESSMENT SERVICES

*Supporting NDIS Participants Across the
Lifespan*

Comprehensive. Evidence-Based. NDIS-Aligned.

Helping individuals, families, and support teams understand strengths, needs, and pathways forward.

Our comprehensive psychological assessments provide clear, evidence-based insights to support **NDIS access, planning, intervention, and review processes**. Each assessment is tailored to the participant's goals, strengths, and support needs.

The assessment methods and tools suggested below are a guide only, the exact assessment protocol may vary depending on the referral question and presenting issues.



Why Choose Our Assessment Services?

- Experience working within NDIS
- Clear, strengths-based language
- Evidence-based assessment tools
- Practical, actionable recommendations
- Collaborative approach with families & support teams

Get in contact with our team to speak about your assessment needs.



Call: 1300 229 906
Email: admin@abilitypsychologyservices.com



AUTISM DIAGNOSTIC ASSESSMENT

Clarifying Autism Spectrum Disorder (ASD)

- Diagnostic clarification
- NDIS access support
- Tailored intervention recommendations - strengths and support needs

Tools may include: Interviews, ADOS-2, MIGDAS-2, ADI-R, SRS-2

ADHD DIAGNOSTIC ASSESSMENT

Clarifying Attention Deficit / Hyperactivity Disorder (ADHD)

- Diagnostic clarification
- NDIS access support
- Practical strategies for home & school

Tools may include: DIVA-5, BRIEF-2, Connors/CBCL, interviews with family/teachers

COGNITIVE (IQ) ASSESSMENT

Understanding Intellectual Functioning

- Identifies strengths & areas for support
- Supports NDIS applications
- Informs educational & therapy planning

Tools may include: WISC-V, WAIS-IV, TONI (non-verbal assessment)

ADAPTIVE FUNCTIONING ASSESSMENT

Measuring Everyday Living Skills

- Daily living & independence
- Communication & social skills
- Practical support needs identified

Tools may include: Interview, Observation, ABAS-3, Life Skills Profile-16

FUNCTIONAL CAPACITY ASSESSMENT

Linking Diagnosis to Daily Functional Impact

- Identifying support needs
- Capacity for independence
- Recommendations for reasonable and necessary NDIS supports

Tools may include: Clinical interviews, observations, ABAS-3

LEARNING & ACADEMIC ASSESSMENT

Identifying Specific Learning Disorders

- Dyslexia (reading)
- Dyscalculia (maths)
- Written expression difficulties

Tools may include: Interviews with teachers/parents, WIAT-III, WISC-V

EMOTIONAL & BEHAVIOURAL ASSESSMENT

Supporting Mental Health, Wellbeing & Adaptive Coping Skills

- Emotional regulation
- Stress, Mood and Anxiety disorders
- Therapeutic recommendations and building coping skills

Tools may include: CBCL, screening measures, structured clinical interviews

FUNCTIONAL BEHAVIOUR ASSESSMENT

Supporting Behavioural Challenges

- Functions and purpose of behaviours
- Understanding behaviours of concern
- Recommendations, including possible Behaviour Support Services

Tools may include: FAI, direct observations, behavioural monitoring

**Book an assessment or speak with
our team about your NDIS needs**

Phone: 1300 229 906

Email: admin@abilitypsychologyservices.com

Website: www.abilitypsychologyservices.com



Psychology Services