

Al-Anon IS:

- A fellowship of relatives and friends of alcoholics who believe their lives have been affected by someone else's drinking.
- A mutual support program based on the Twelve Steps of Alcoholics Anonymous (AA).
- A nonprofessional fellowship where members share their experiences, strength, and hope to solve their common problems.
- A spiritual program that is compatible with all religious beliefs or none.
- A program with the single purpose of helping families and friends of alcoholics, whether the alcoholic is still drinking or not.
- A worldwide fellowship with more than 26,000 groups, in over 115 countries, that has been in existence since 1951.
- Compatible with professional treatment. Statistics show 63% of its members received treatment/ counseling after attending Al-Anon.
- Free of charge and self-supporting through members' voluntary contributions. There are no dues or fees for membership.

Al-Anon is not...

- Allied with any sect, denomination, political entity, organization, or institution. Involved in any outside issues - neither endorses nor opposes any cause.
- Affiliated with AA, though both fellowships do cooperate with one another.
- Considered a religious organization, treatment center, counseling agency, or teaching program.
- Intended for families of drug abusers or individuals with other difficulties unless there is a problem of alcoholism as well.
- Conducted by professionals.
- Intended as a replacement for professional treatment.