



## Mustard Day

Mustard comes from the tiny seeds of mustard plants.

When the seeds are crushed and mixed with water, they become the delicious condiment!

Did you know that mustard plants belong to the Brassica family, which also includes broccoli, cabbage, cauliflower and kale?

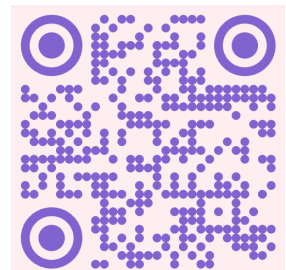
Mustard dates back to 3000 BC, which makes it one of the world's oldest spices!



Which of these is a real flavour of mustard?

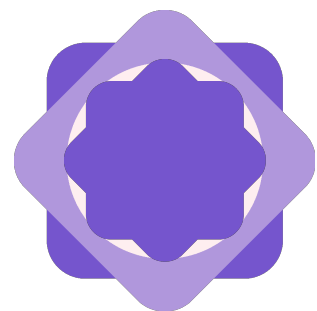
- a. blueberry
- b. chocolate
- c. maple
- d. all of the above

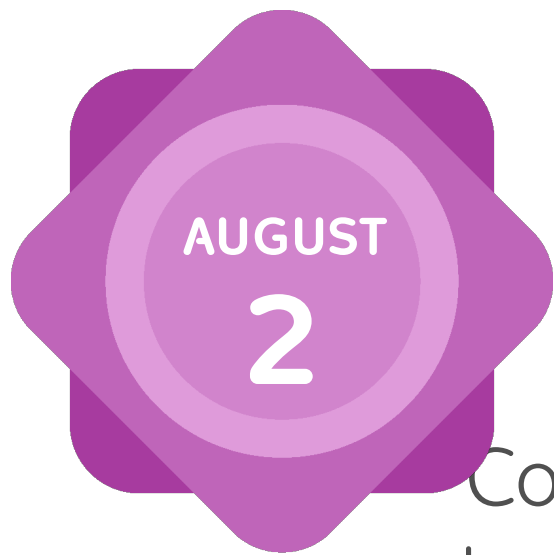
**QUESTION**





**TRANSITION**





## Colouring Book Day

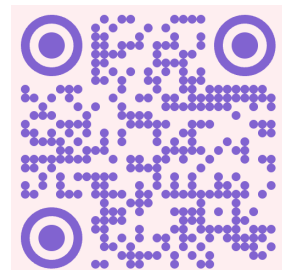
Colouring isn't just fun - it helps your brain and your creativity. You're creating your own unique masterpiece! Colouring also helps improve fine motor skills, the small muscles in your hands and fingers that help you write - or tie your shoes.

The colouring books for children didn't exist until late 1800s. The old colouring books were for adults who learnt to paint with watercolours.



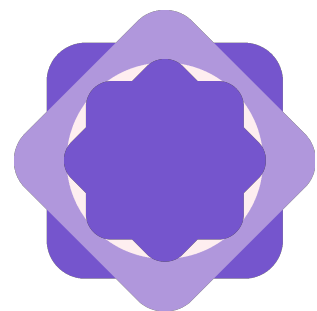
Can you create your own colouring book? Draw 5 pictures, make a cover and swap your colouring book with a friend!

**QUESTION**





**TRANSITION**





## National Watermelon Day

Watermelon is made of about **92 % water**, which is why it is so popular in hot weather! It helps hydration.

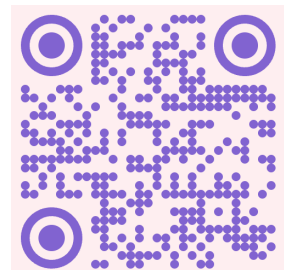
It is a **fruit** because it grows from a flower and contains seeds. Have you ever seen a watermelon flower?

Did you know that archaeologists have found paintings of watermelons in Egyptian tombs that are **4,000 years old**?



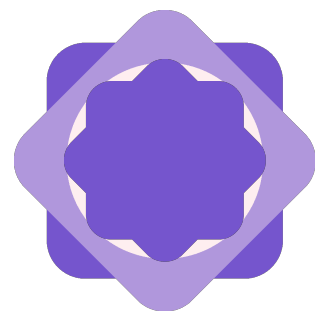
What savoury vegetables that are in fact **FRUITS** do you know?

**QUESTION**





**TRANSITION**





# National Chocolate Chip Cookie Day

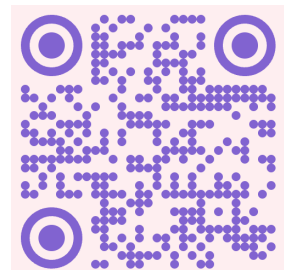
Today we celebrate one of the world's most favourite treats! Nowadays Americans eat 7 billion chocolate chip cookies per year, but it all started in 1938 when **Ruth Wakefield** mixed pieces of chocolate into cookie dough.

Did you know that freshly baked cookie smell is produced by the **Maillard reaction**? It also helps cookies turn golden brown!



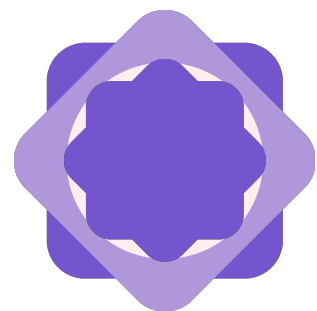
Why do chocolate chips not melt completely in the dough?

**QUESTION**





**TRANSITION**

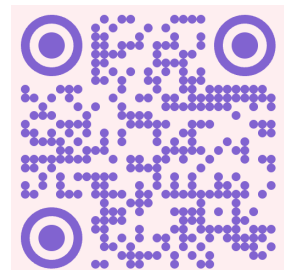




## International Cat Day

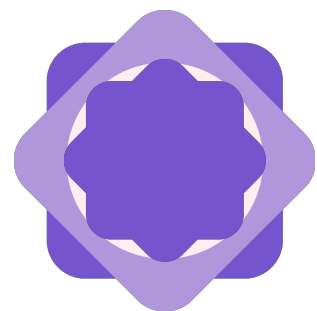
Let's see how many facts about cats you already know!

A cat's nose print is unique - just like human fingerprints. Cats can't taste sweetness as they don't have the necessary receptors. Most cats dislike water but Turkish Van cats are famous for enjoying water. Some of the most unusual cat breeds are Lykoi cats that look like werewolves and Munchkins with their cute short legs!





**TRANSITION**





## Tarantula Appreciation Day

Tarantulas may look scary, but they are calm, slow-moving spiders that rarely bite and prefer to avoid people.

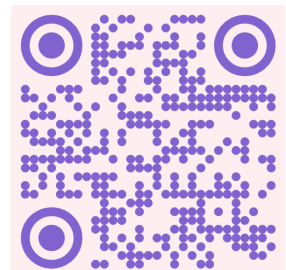
They grow by molting — shedding their outer skeleton as they get bigger. After molting, they are soft and fragile for a short time.

Most tarantulas are harmless to humans and help control insect populations.



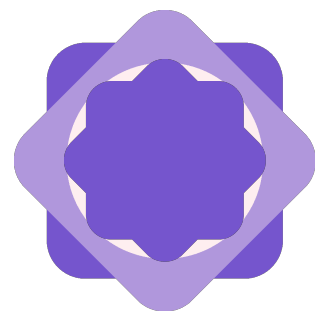
How are tarantulas  
different from other  
spiders? Who is scarier  
— and who is actually  
more dangerous?

**QUESTION**





**TRANSITION**





## Book Lovers Day

The first books that existed were written on clay tablets, papyrus and animal skins.

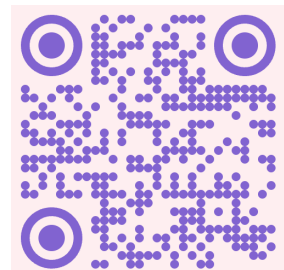
One of the oldest surviving books is the Diamond Sutra, a Buddhist text printed in 868 AD. It was created using woodblock printing, where words and pictures were carved into blocks and pressed onto paper.

The most expensive book ever sold is Codex Leicester written by Leonardo da Vinci. It was purchased by Bill Gates for 31 million dollars!



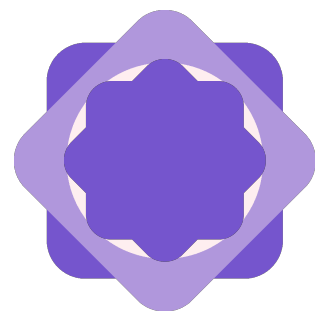
If you could jump into any book, which one would you choose and why?

**QUESTION**





**TRANSITION**





## World Lion Day

Have you seen Disney's Lion King? If not, today is the best day to do it!

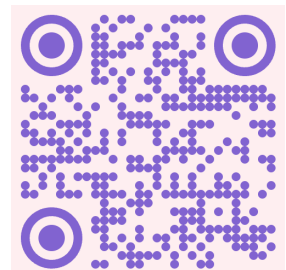
Did you know that lions live not only in **Africa** but also in a small part of **India**? They live in **prides**, and all - lionesses, cubs and a few male lions - work together to protect their family. Females do most of the hunting.

It is important to protect lions. Wild lions numbers have dropped because of habitat loss and hunters. **How can we help lions?**



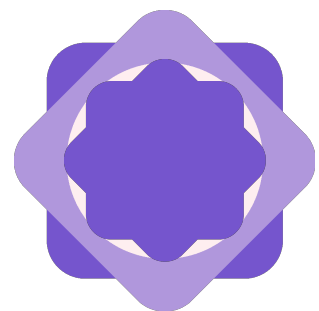
What animal would be the king of the jungle if there were no lions?

**QUESTION**





**TRANSITION**





## Left-Handers Day

Did you know that 10 % of people are left-handed?

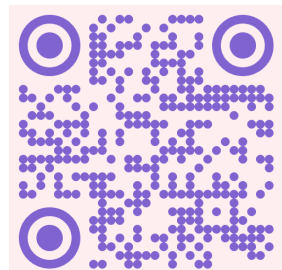
Today we celebrate "lefties" - **are you a "lefty"**, or do you know anyone who is?

By the age of 5, many children show the hand preference for writing but the brains of left-handed and right-handed people work similarly. There are also people who can write with both hands - they are **ambidextrous**. We are all so different!



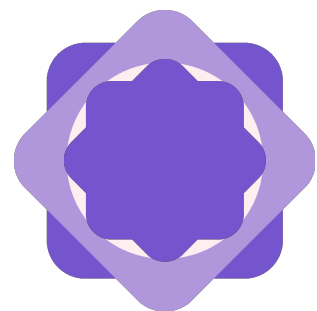
**INVENT**  
a left-handed version  
of an everyday object.  
What would you  
change and why?

**QUESTION**





**TRANSITION**





## Tell a Joke Day

What do you call  
a bear with no teeth?

**A gummy bear!**

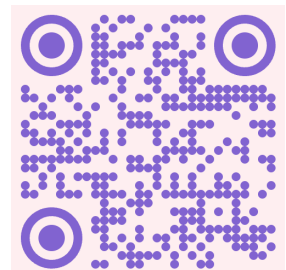
Today is the perfect day to share a silly joke  
and make your friends giggle! Jokes are  
great brain workouts. When we hear a joke,  
our brains look for cues and try to predict  
what will happen next - and then the  
punchline surprises us!

Remember, **the best jokes are kind jokes**  
where everyone feels included and happy.



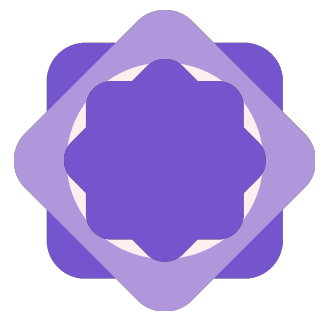
**MAKE US LAUGH!**  
Pick 1 character,  
1 place and 1 object.  
Now create a joke  
using all three!

**QUESTION**





**TRANSITION**





## Photography Day

The word "photography" comes from Greek words "**light**" and "**drawing**".

A great photograph is not always about having the most expensive camera.

A good photographer thinks about light, composition, focus, timing and story.

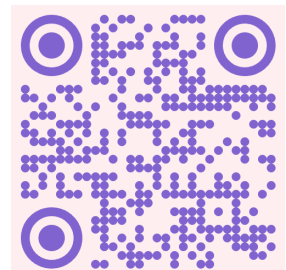
Photography is more than taking a picture, it is **telling a story in a new way**.

Take 5 photographs to tell a story about your day. Put them in order - can your friends tell the story?



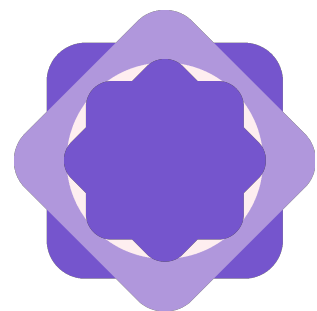
BECOME a photo detective - choose 1 thing and photograph it from different angles. Which photo do you like best?

**QUESTION**





**TRANSITION**





## National Dog Day

Today we celebrate wet noses, wagging tails and unconditional love!

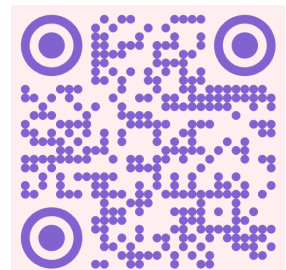
National Dog Day was founded by animal advocate and pet expert **Colleen Paige**. August 26th was the day when she adopted her first dog, Sheltie, a Shetland Sheepdog. Did you know that dogs can see **blue and yellow** - but not red and green?

They are good at seeing in dim light though, and their noses have **300 million scent receptors!**



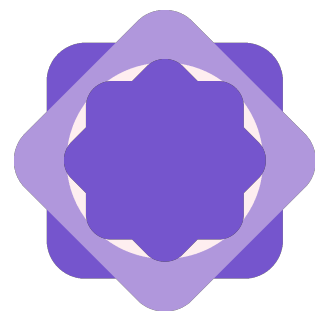
LET'S THINK!  
Do dogs understand what we say? If not, how do they learn tricks?

**QUESTION**





**TRANSITION**





## Whale Shark Day

Imagine swimming  
beside a shark as long as  
a school bus!

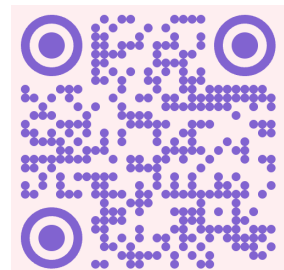
That sounds scary, but whale sharks are actually **gentle giants**. They are the largest fish in the world, and they are very different from the fierce sharks you see in movies.

Whale sharks do not hunt humans, they eat **plankton, small fish and fish eggs**. They can be curious though - bubbles made by scuba divers attract them!



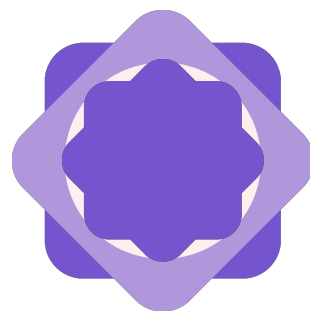
LET'S THINK!  
If you saw a whale shark  
approaching you,  
what would you do -  
and why?

**QUESTION**





**TRANSITION**





## EAT OUTSIDE DAY

You grab your lunch,  
spread out a blanket and  
... a squirrel is trying to  
steal your sandwich!

The word "picnic" comes from French  
"**pique-nique**". By the late 1700s, the word  
was used for meals where people brought  
food and enjoyed it together.

**Did you know** that the largest picnic had  
22,200 participants? It was held in Lisbon



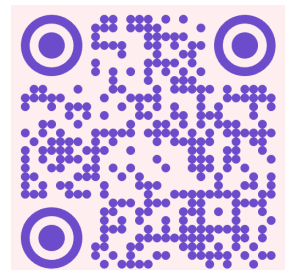
You can find it in the **Guinness Word  
Records!**



DO YOU THINK  
eating outside is  
healthier?  
WHY or WHY NOT?



**QUESTION**





**TRANSITION**

