



MOVEMENT





## International Women's Day

International Women's Day began in the early 1900s with marches for rights; March 8 became the main date after European demonstrations.

More than 100 years ago, women in many places could not vote, study in some universities, or work in many professions.

Early demonstrations opened doors to new rights, making it possible for women and men to study and work together and share responsibilities.

Draw or write about a right you have today that you can't imagine living without.

8  
3

2026

SHARE YOUR ART  
WORLDWIDE

What were women not allowed to do long ago that they can do today?

QUESTION

SCINATURED   
THIS DAY MY WAY





MOVEMENT





## Telephone patent Day

On this day in 1876, Alexander Bell got a patent for telephone.

Surprisingly, the name Bell comes from Old English **belle** — a **ringing signal that calls attention**.

It was created thanks to many inventors, including Antonio Meucci, Philipp Reis, and Elisha Gray, who even argued over who invented it first!

It works like this: when you speak, your voice makes tiny vibrations in the air. The telephone turns those vibrations into electrical signals, sends them far away, and turns them back into sound. And today, mobile phones send voices as invisible radio waves.

Draw how the telephone was invented and how sound becomes words.

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Can you build a telephone from two cups and a string?

QUESTION

SCINATURED   
THIS DAY MY WAY





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## World Wildlife Day

There are millions of species on Earth — insects, birds, fish, mammals. But why so many?

Wouldn't fewer be simpler?

**Biodiversity** means the variety of living things in an **ecosystem** (forest, pond, garden).

When many species live together, they support each other —through food chains, pollination, and balance.

Draw a small **ecosystem**.  
Connect the living things to show how they depend on each other.

3  
3

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What might happen if BEES disappeared?  
What if the WOLVES disappeared?

QUESTION

SCINATURED   
THIS DAY MY WAY





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## Old Stuff Day

Today is a day to notice something old. An old toy. An old book. An old phone.

But what actually makes something "old"?

Most objects don't stop working because they break. They become "old" when something newer, faster, or more efficient replaces them.



Is something useless just because it's old?  
Can it be used in a different way instead?

**QUESTION**





MOVEMENT





## Compliment Day

The word "compliment" is connected to the Latin word **completere** meaning "**to fill up.**"

A compliment fills people with confidence and warmth — both the giver and the receiver. When we hear or say kind words, the brain releases dopamine a chemical that helps us feel confident and ready to continue.

Kind words may seem small — but we often remember them much longer than we expect. Sometimes they help us try again.

Draw a shape in any color and add a compliment you associate with it.

1  
3  
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SHARE YOUR ART  
WORLDWIDE

Which compliment do you remember?  
How does it feel?

QUESTION

