



GROWTH



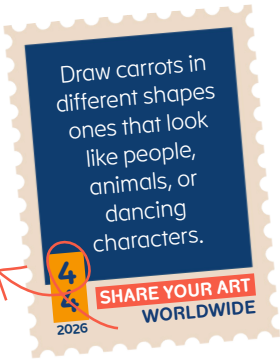


International Carrot Day

Today we celebrate the carrot a simple vegetable we eat almost every day.

Carrots contain **beta-carotene** — a natural pigment our body turns into **vitamin A**, which **supports healthy vision**.

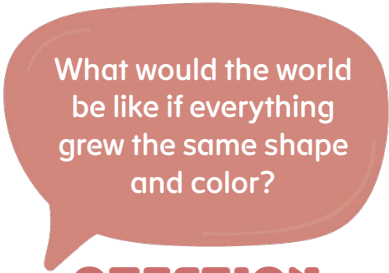
Carrots were once purple, white, and yellow. Carrots also don't always grow straight. Sometimes they twist, split, and form funny shapes!



Draw carrots in different shapes ones that look like people, animals, or dancing characters.

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What would the world be like if everything grew the same shape and color?

QUESTION





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Read a Road Map

The word map comes from the Latin **mappa**, meaning “cloth” or “sheet.”

Before GPS, a trip didn't start with “Hey Google.” It started with a paper map and asking for directions when you got lost.

Have you ever held a map? Do you know how to read it? Well, it's never too late to start! In case of a zombie apocalypse or if robots take over the Earth and Google stops following human's orders - or just for fun - let's read a map today!

Draw a map to a treasure you hide
can someone follow it and
find what's inside?

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This ancient map is from the 6th century. Can you guess which city is in the center?



QUESTION





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World Art Day

The word art comes from the Latin word **ars**, meaning “skill” or “craft.”

Art has existed for thousands of years and there are hundreds of styles and forms around the world. Each style shows the world in a different way.

Some of them are:

Cave art (some of the oldest drawings on Earth)

Optical illusions (images that trick your eyes)

Abstract art (shapes and colors instead of objects)

Street art (art in public spaces)

Sculpture (art you can walk around)

Create art in a way no one expects or mix two styles together (like cave art + optical illusion).

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Why would teenagers long ago leave their handprints on cave walls?



QUESTION





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Earth Day

Ecology comes from the Greek word **oikos**, meaning “home.”

Earth is our only home.

How do we care for it?

Earth Day began in 1970, when people started to notice how everyday actions connect to the air, water, and land around them. Since then, it has become a day to pay attention to those connections.

A simple ice cream connects to more than it seems.

Ice cream → land → water → plants → animals → methane → factories → energy → fuel → smoke → packaging → waste → climate.

Can you follow the connections between the steps?

Pick something you do today. Draw the chain before and after.

How many steps can you trace?

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This is Peanut, a famous turtle. Do you think this “decoration” is an accessory or a danger?



QUESTION

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World Penguin Day

Most penguins live in Antarctica, but you can also find them in New Zealand, Australia and Africa. They can survive -60 degrees!

When it is very cold, emperor penguins come together as a group for warmth (huddling), and each penguin gets a turn in the middle, where it is the warmest.

Would you like to be huddled by penguins?

Sadly, penguins are a threatened species. Climate change and commercial fishing are endangering these lovely birds that don't fly.

How can we help them?





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James Audubon Day

John James Audubon (pronounced /o-du-bon/) was a famous French-American artist, ornithologist and explorer.

His book "Birds of America" has 435 hand-coloured prints of different birds, including some extinct species like passenger pigeon and Labrador duck. It is one of the most expensive books in the world too!

How can you celebrate Audubon Day?

- Go bird watching
- Draw or paint a bird
- Make bird feeders
- Watch a movie about birds





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Crow and Raven Day

Crows and ravens are members of the family of Corvids that also includes magpies and jays. There are over 120 corvid species!

Crows and ravens are very intelligent.

They can use tools to solve difficult puzzles. They have memories and can hold a grudge. They even play with sticks - or slide down icy roofs!

In many stories, they are seen as messengers.

In others, they can be tricksters or secret keepers. They are believed to have the power of prediction. In real life, their intelligence is like that of a 7 year old!



QUESTION





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SUPERHERO DAY

Superheroes were born in a time when the world was going through crisis and war.

In the late 1930s, during the Great Depression and the start of World War II, superheroes appeared in comic books as symbols of hope, courage, and justice, reminding people that kindness and bravery matter even in hard times.

Most historians agree that the first modern superhero is **Superman**.

The most expensive superhero item ever sold was **Action Comics #1**, which sold for about **\$6 million**.



ARE YOU DARE...

to make a superhero mask and a cape?

Challenge: Use natural or recycled materials only!

QUESTION

Build a hero in the park,
Sticks for strength and
leaves for heart.
Every stone becomes a part
Nature Super-Hero art!

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International Jazz Day

Jazz was born at the time when the music didn't follow strict rules. When musicians felt the freedom to play their own way .

They mixed rhythms, cultures and emotions.

They created something absolutely new.

Jazz players had conversations - with sounds!

They used **improvisations**, creating on the spot.

Do you want to try playing jazz?

Tap a rhythm on the table. Now change it.

Now answer it with a different rhythm -

You just started a jazz improvisation!



Can you draw a band...
with one real instrument,
one imaginary and one
made from natural
materials?

QUESTION

