



**GROWTH**





## International Carrot Day

Today we celebrate the carrot  
a simple vegetable we eat  
almost every day.

Carrots contain **beta-carotene** — a natural  
pigment our body turns into **vitamin A**,  
which **supports healthy vision**.

Carrots were once purple, white, and yellow.  
Carrots also don't always grow straight.  
Sometimes they twist, split, and form funny  
shapes!

Draw carrots in  
different shapes  
ones that look  
like people,  
animals, or  
dancing  
characters.

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4  
2026

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WORLDWIDE

What would the world  
be like if everything  
grew the same shape  
and color?

QUESTION





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APRIL

5

## Read a Road Map

The word map comes from the Latin **mappa**, meaning “cloth” or “sheet.”

Before GPS, a trip didn't start with “Hey Google.” It started with a paper map and asking for directions when you got lost.

Have you ever held a map? Do you know how to read it? Well, it's never too late to start! In case of a zombie apocalypse or if robots take over the Earth and Google stops following human's orders - or just for fun - let's read a map today!

Draw a map to a treasure you hide  
can someone follow it and  
find what's inside?

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This ancient map is from the 6th century. Can you guess which city is in the center?



## QUESTION





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## World Art Day

The word art comes from the Latin word **ars**, meaning “skill” or “craft.”

Art has existed for thousands of years and there are hundreds of styles and forms around the world. Each style shows the world in a different way.

Some of them are:

**Cave art** (some of the oldest drawings on Earth)

**Optical illusions** (images that trick your eyes)

**Abstract art** (shapes and colors instead of objects)

**Street art** (art in public spaces)

**Sculpture** (art you can walk around)

Create art in a way no one expects or mix two styles together (like cave art + optical illusion).

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Why would teenagers long ago leave their handprints on cave walls?



**QUESTION**





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## Earth Day

Ecology comes from the Greek word **oikos**, meaning “home.”

Earth is our only home.

How do we care for it?

Earth Day began in 1970, when people started to notice how everyday actions connect to the air, water, and land around them. Since then, it has become a day to pay attention to those connections.

### A simple ice cream connects to more than it seems.

Ice cream → land → water → plants → animals → methane → factories → energy → fuel → smoke → packaging → waste → climate.

### Can you follow the connections between the steps?

Pick something you do today. Draw the chain before and after.

How many steps can you trace?

22  
4

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This is Peanut, a famous turtle. Do you think this “decoration” is an accessory or a danger?



## QUESTION

