

YOUTH OF LETTERS
A writing collective devoted to redefining the human experience and condition.
Looking for submissions from creatives aged 13-22.
<a href="#"><u>Submit here</u></a>

AND ONE SPORTS
Advocating for sports equity, providing all kids with what they need to actively participate in a sport they love or want to try.
<a href="#"><u>Request gear</u></a>
<a href="#"><u>Join the roster</u></a>

NFPW CONTEST
One of only a few nationwide communications competitions for HS students.
Entries must have been professionally published and produced in the last year.
<a href="#"><u>Deadline: Feb. 18</u></a>

GREENSCIENCE
A group of dedicated students aiming to make an impact on the world with their voices. Welcoming all conservation biology-related art and writing submissions.
<a href="#"><u>Submit here</u></a>

HALF THE SKY
Committed to driving positive change in workers' rights by advocating for workplace reform and environmental sustainability.
<a href="#"><u>Join here</u></a>

QUEST4CLARITY
Dedicated to providing a safe space for your mental wellness. Platform offers articles, posts, guidance, and webinars.
<a href="#"><u>Volunteer</u></a>

BLUE OCEAN
Virtual entrepreneurship competition founded and supported by high school students.
<a href="#"><u>Register ASAP</u></a>
Submit pitch by Feb. 22

KENYON REVIEW
Summer Online Workshops provide young writers with an intimate setting for exploring ideas, producing fresh work, and discussing the craft of writing.
<a href="#"><u>June 14-19 session</u></a>

WATER RESOURCES CONTEST
NYC invites 2nd-12 <sup>th</sup> graders from NYC and Watershed schools to submit artwork and poetry that creatively expresses their awareness of NY's shared water resources.
<a href="#"><u>Submit here</u></a>

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# YOUTH LEADERSHIP SUMMIT IN NEW YORK

**SPEAK AT 2026 YOUTH LEADERSHIP SUMMIT**

Make Your Voice Heard!

 Saturday, April 18th, 2026

 Helen Marshall Cultural Center: Floor 1  
120-55 Queens Blvd, Queens, NY 11415

## Wait, what is YLS?

The 2026 Youth Leadership Summit (YLS) is a vibrant and high-impact platform that empowers competitive high school students to lead, innovate, and create measurable social impact at national and global levels.

## Calling Youth Leaders of Clubs What We Look for in Applications



Scale of Impact  
and Contribution



Innovation &  
Creativity



Teamwork &  
Engagement

## What Will I Gain Out of This?

- ✓ Accelerate Your Club's Growth—Whether You're an Innovative Rising Star or an Already Accomplished Organization.
- ✓ Gain Nationwide Leadership Experience.
- ✓ Receive Feedback and Network with Former Ivy League Admissions Officers and Impactful Leaders (e.g., the Borough President of Queens).
- ✓ Guaranteed Media Spotlight
- ✓ Grand Prize up to \$2,000 for Your Organization

**APPLY TO BE THE NEXT GENERATION LEADER!  
BEFORE JANUARY 30TH, 2026**

YOUTH LEADERSHIP IN CHINA
An annual initiative dedicated to fostering mutual understanding between the US and China.
<a href="#">Deadline: March 31</a>

NYFA SUMMER CAMP
Youth programming in film, 3D animation, acting, game design, musical theatre, and writing.
Ages 14-17.
<a href="#">List of programs</a>

SUMMER @ SOTHEBY'S
Invites high schoolers who are curious about arts and culture to immerse themselves in NYC. Must be 10 <sup>th</sup> to 12 <sup>th</sup> grader.
July 5-17 or 19-31
<a href="#">Apply ASAP</a>

GREAT BOOKS, BIG IDEAS
Uses literature and philosophy to spark conversation through seminar-style classes. For 6 <sup>th</sup> -12 <sup>th</sup> graders. Held at Amherst, Stanford, Haverford, and online.
<a href="#">Apply here</a>

PENN LAW PRE-COLLEGE
Offers HS students a unique opportunity to immerse themselves in a law school environment and a comprehensive introduction to the American legal system.
<a href="#">Apply ASAP</a>

THRIVE
A nonprofit focused on helping youth build confidence through public speaking.
To learn more, contact Cynthia Ma at <a href="mailto:cynthia.ma@ingeniusprep.com">cynthia.ma@ingeniusprep.com</a>

EVERFEED
An organization providing solutions to helping animals in need. Seeking student collaborators to scale org.
To learn more, contact Raeka Ren at <a href="mailto:raeka_ren@outlook.com">raeka_ren@outlook.com</a>

LETTERS OF SOLACE
A student-led mental health organization that distributes letters to youth facing hard times. Seeking more student volunteers.
<a href="#">Apply here</a>

FOLLIS
An online education initiative that strives to bring philosophical ideas into our daily lives through bimonthly seminars. Looking for several co-organizers to host online.
<a href="#">Apply here</a>



# 30 DAY ME

*Small Steps. Big Changes.*

## Sleep Challenge

6/1/2025 - 6/30/2025

Wish: **Feel more well rested**

Daily Action: **Sleep >8 hours everyday**

SUN	MON	TUE	WED	THU	FRI	SAT
1 zz	2 zz	3 zz	4 zz	5 zz	6 zz	7 zz
8 zz	9 zz	10 zz	11 zz	12 zz	13	14 zz
15	16 zz	17 zz	18 zz	19 zz	20 zz	21 zz
22 zz	23 zz	24 zz	25 zz	26	27 zz	28 zz
29 zz	30 zz					

## Build long-lasting habits in 30 days!

### How it works:

1. Create a challenge and define your daily action
2. Complete your daily action each day
3. Check off the day and build your streak!
4. Don't get demotivated by setbacks!



## Available on the iOS App Store

(Also available in Mandarin!)

→ Scan to download!

Or use:

 30day.me

THE BODY PROJECT
An evidence-based, youth-led initiative designed to help young women challenge unrealistic beauty ideals and build body acceptance thru activities.
Email Selina at <a href="mailto:selinaxi007@gmail.com">selinaxi007@gmail.com</a>

VIBRANT WAVES
A nonprofit focusing on youth mental health. Looking for online content creators and in-person NJ students.
Email the team at <a href="mailto:vibrantwaves23@gmail.com">vibrantwaves23@gmail.com</a>

INVENTOBLOOM
A youth-led organization that aims to design and manufacture low-cost engineering toy kits with standardized 3D-printable parts for young refugees.
DM @inventobloom on IG

SUNFLOWER PODCAST
An initiative of the Sunflower Project, a student-led NPO dedicated to preventing and spreading awareness of human trafficking. Seeking to grow the podcast.
Email Ruhi Yue at <a href="mailto:ruhiyue09@gmail.com">ruhiyue09@gmail.com</a>

US AND TOMORROW
A science fiction podcast exploring how emerging tech impacts the human experience. Recruiting student collaborators.
<a href="#">Apply here</a>

SEEDFEMS
A youth-led nonprofit bringing feminism back to its roots by leading interactive workshops on gender equality in primary schools.
<a href="#">Apply here</a>

GUD MEDICINE
A youth initiative tackling complex healthcare issues and fighting for health literacy and justice. Leads US and UK campaigns.
<a href="#">Apply here</a>

SQUASHBUDDY
Looking for squash players to launch local Centers. Center Leads help organize events, beginner clinics, and mini-tournaments.
Email Albert at <a href="mailto:albertzhang8148@gmail.com">albertzhang8148@gmail.com</a>

STEAMLABS
A student-led nonprofit bringing hands-on science nights to under-resourced elementary schools. Looking for chapter leaders, national board members, and web designers.
<a href="mailto:danielzhang427@gmail.com">danielzhang427@gmail.com</a>



# AAT



## WANT TO BECOME A... **STUDENT-ATHLETE?**

THINKING ABOUT JOINING SPORT, BUT WORRIED IT'LL BE  
TOO HARD TO BALANCE WITH SCHOOL?

HEAR DIRECTLY FROM HIGH SCHOOL  
SUCCESSFUL STUDENT-ATHLETES!

- How they *balance* schoolwork with training
- How a **healthy, active lifestyle** *boosted their performance* in school
- What being an athlete has done for their **grades** and **college applications, confidence, and daily habits**
- **Includes Q&A session!**
- **Date: February 21st**
- **FREE for everyone!**



**WEBINAR RSVP HERE**

**Website Link:** <https://athletesfortots.wixsite.com/athletes-for-tots>

**Email:** [athletesfortots@yahoo.com](mailto:athletesfortots@yahoo.com)

MODERN ANTHOLOGIES
Looking for motivated people to start a chapter of their own.
Boston-based organization, youth-led, striving to publish youth writing.
<a href="#">Join here</a>

RUBE GOLDBERG
A STEAM competition that pits student teams against each other to create a Rube Goldberg Machine built from everyday objects that solves a common, simple task.
<a href="#">Deadline: Mar. 14</a>

RESONATE
Provides students with resources in mental health research, music therapy, and therapeutic games. Looking for new members.
Email Athena at <a href="mailto:athenajiang18@outlook.com">athenajiang18@outlook.com</a>

SIDEQUEST
An app designed to get people ages 9-20 off their screens and back in the present. Looking for a backend developer.
<a href="mailto:dax.bernstein@gmail.com">dax.bernstein@gmail.com</a>

MIAUPLANET
A 2D RPG pixel game with charming cat characters that explores heavy themes like addiction. Collaborator comfortable using Game Maker needed.
Email Jewel at <a href="mailto:jeweluxx@gmail.com">jeweluxx@gmail.com</a>

ELEVON EX
A youth-led nonprofit dedicated to making aerospace engineering education accessible. Recruiting team members.
<a href="#">Apply here</a>

BRIGHT BEATS
Offers free, inclusive music sessions to children with developmental disabilities and special needs. Starting new chapters everywhere.
<a href="#">Apply here</a>

OPENMIND PROJECT
A mental wellness initiative offering resources on mental health to teens. Looking for student volunteers.
<a href="mailto:theopenmindproject0@gmail.com">theopenmindproject0@gmail.com</a>

NIGHT BLOOM
Informing people about light pollution and ways to combat it in daily life. Recruiting new members.
<a href="#">Apply here</a>

CYES
Chinatown Youth Engagement Society is an org for students who want to dispel misconceptions about Vancouver's Chinatown.
<a href="#">Join here</a>

FEELUSTRATE
An emotional exploration platform that integrates science, art, and philosophy.
<a href="#">Website</a>

YOUTH PROMISE COLLECTIVE
A youth-led think tank gauging youth opinions on youth issues. Looking for HS students with an interest in writing and research.
youthpromisecollective@gmail.com

FOUNDATIONMHE
Reducing the stigma around mental health while providing innovative resources to educate youth about mental health.
<a href="#">Join here</a>

DIGITAL DESIGN CLUB
Digital art and game design. Explore CapCut, iMovie, Adobe Premiere Pro, etc. No experience necessary.
<a href="#">Sign up</a>

SHEGOLF
A blog that empowers female golfers to share experiences from life in a male-dominated sport. Looking for submissions.
<a href="#">Website</a>

GLOMATERIALS
Educating young people who are interested in biomaterials.
Email Alisa Zhou at <a href="mailto:alisatzhou@gmail.com">alisatzhou@gmail.com</a>

HARMOSHARE
Spreading the beauty of music and encouraging beginner musicians through a digital platform.
Email Wayne at <a href="mailto:xzxwayne@outlook.com">xzxwayne@outlook.com</a>

PLASTICIZED
Raising awareness about the dangers of plastic products to our health.
Email Katherine at <a href="mailto:ktcliang@gmail.com">ktcliang@gmail.com</a>

The San Diego STEAMLabs chapter is currently working on an educational cancer card game called Tumor Tactics, and we're looking for artists to help with the logo and card art design. This is a paid position at \$15/hour.

STEAMLabs is a student-led 501(c)(3) nonprofit that brings free, hands-on STEM workshops and activities to elementary and middle school students.

Our newest project, Tumor Tactics, is a cancer-biology card game for 3rd-6th graders, inspired by Exploding Kittens. The game is designed to be fun, non-scary, and educational, teaching kids the basics of how cancer evolves and how different treatments work. Players act as doctors racing to treat a cancer patient, and the first doctor to fully treat their patient wins. The game is fully designed and playtested, with all cards and rules finalized, so we're currently focused solely on developing the visual art.

We're looking for an artist who can help with:

- Simple, minimalistic illustrations for 28 unique cards
- Simple icons for the 4 card types (cancer, treatment, utility, event)
- Designing the game logo / visual identity

We already have:

- A defined color palette and sample art
- Rough sketches and layouts for each card
- The full card list and a 1-page rulebook

If you're interested, please email me at [danielzhang427@gmail.com](mailto:danielzhang427@gmail.com) with a short 3-4 sentence introduction (name, grade, and experience with art/design), along with any art samples or portfolio links.

Again, this role is compensated at \$15/hour, via PayPal or Zelle.

## SHEGOLF

"Spotlighting Female Golfers" is a blog that seeks to empower the voices of female golfers and to share their experiences and perspectives which can often be overlooked in a male dominated sport. To do so, the goal is to compile articles written by female golfers that talk about what it means to be a woman in golf. There are three categories that the stories can fall under all of which have flexible guidelines (for more information view the website): Personal Experiences/Message to Female Golfers, Highlights, and General Articles. Currently, this project is looking for female golfers who would be interested in contributing by writing an article(s), which would be a great opportunity for them to make their voices heard by sharing their perspective on golf with a larger audience, help inspire a new generation of women and girls to take up this sport, and use golf to make a community impact. Regarding roles, if any female golfers are interested, the main one currently needed is a Head of Marketing, which would heavily involve advertising/raising awareness to this project via social media. Interested students should reach out directly to Sabrina Wu: [ruiruibornfree2208@gmail.com](mailto:ruiruibornfree2208@gmail.com)

## AMPERSAND QUARTERLY

Open to art and writing submissions for its first issue, "Bubble & Fancy"! Send your most genre-bending, weird, luminous, wild-with-life works. We are looking for writers from diverse backgrounds who share our curiosity for the Ampersand & the same fearlessness to explore the conjunction of wildly contrasting concepts.

[Website](#)