



**Fundamentals – Organization – Respect – Motivation**

***“Achieve the gold standard with us”***

### **Terms & Conditions – 2025-2026:**

1. All practices or training sessions are to be attended by players (minimum 1 per week)
2. For optimum results of skill development, players are to attend at minimum 5 sessions and commit to doing individual training on their own; optimum results start to be achieved after approximately 9 weeks
3. Players are required to wear F.O.R.M. gear at all training sessions, practices or F.O.R.M. related events. To purchase gear, click here: <https://formbasketball.com/shop/ols/products>
4. **Cancellation Policy:** if unable to attend a practice or training session, 48 hour notice must be provided via email to Administration – [payments@formbasketball.com](mailto:payments@formbasketball.com). If cancellation occurs after the requisite 48 hours and/or without notification, the infraction charges will apply – Point #8 of the Player Contract (**Exemption:** illness day of practice/training or injury – we must be informed via email ASAP).
5. **3 missed training sessions and/or team practices without the appropriate 48 hour notice or without notification will result in the player being dismissed from F.O.R.M. NO REFUNDS WILL BE PROCESSED**
6. There will be a deposit of \$75.00 charged at the start of each new registration. This deposit is meant to act as a deterrent for players to not skip training sessions. Full deposits shall be returned back to parents after 1 year (or rolled into the following year's fee), provided that there have not been any cancellations or violations of the terms & conditions. Partial deposits shall be returned less the various cancellation fees
7. Refunds **WILL ONLY** be offered on 1 year term contracts – 6 months of membership MUST have been completed before a refund will be issued. That refund will be as follows: \$50 for each month remaining on the term, plus a \$100.00 administrative fee. Please refer to the FAQs on our website: [www.formbasketball.com/faqs](http://www.formbasketball.com/faqs). If an issue arises (Eg: player sustains a long-term injury, etc), a player can suspend their membership until return to play. The time off will be added to the end of that session and/or term. Please email the Head of Finance & Administrator if this situation arises at [payments@formbasketball.com](mailto:payments@formbasketball.com) – **NO REFUNDS will be processed for team fees in whole or in part**
8. Payments not made by specified deadlines **will incur a 2% daily fee** of the original amount. After 7 days, the balance is due in full, any payment plan will be voided and a player may not be able to register for that term and/or will not be permitted to participate in sessions or team activities until the balance has been paid – Point #13 on the Player Contract. Email [payments@formbasketball.com](mailto:payments@formbasketball.com) should you have any further questions
9. All rates/term pricing, team fees and schedules are subject to change without notice
10. Training sessions run 60-90 minutes, with practices running 2-2.5 hours (dependent on training day, location and facility accessibility)
11. All training dates/times and practices or tournaments are subject to change. If any changes are to occur, we will communicate that via email ASAP (**Please Note:** there will be times when the facilities we rent cancel and/or change our dates/times or tournament organizers cancel a tournament or change schedules. As we have no control over that, we please ask for your patience and understanding in this)
12. F.O.R.M. Basketball adheres to the Long-term Athletic Development Model (LTAD) for all training sessions and also with adherence to Canada Basketball requirements (Eg: teaching/following of FIBA Rules, all Coaches are NCCP certified, etc.)
13. F.O.R.M. Basketball adheres to the Coaches Association of Canada (CAC) off-season training mandates and recommendations (<https://www.coach.ca/shawnee-harle-chpc-basketball-p157437>)
14. **Mission Statement:** The Mission of F.O.R.M. Basketball Academy is to be a model High Performance program by exemplifying character and integrity on the court, in the community and in the classroom. We seek to develop excellence by promoting the importance of academic achievement and sportsmanship. We also strive to cultivate an appreciation for the benefits of hard work, self-motivation and perseverance to develop student-athletes who will project a positive image not only with our program, but in the community as well. We encourage and empower our student-athletes to not only be great basketball players, but overall world class citizens.
15. **Goal:** Our program emphasizes respect for oneself, teammates, coaches and others; providing an avenue to build growth and confidence. Such confidence will carry the student-athlete now and in the future. We are a program of inclusiveness, accepting one another regardless of religious background, race, color or creed. Our goal is to have each of our student-athletes, parents and coaches "become their best with us".
16. F.O.R.M. Basketball Academy will post pictures/videos of training sessions that include players and their likeness. This is done to document/show players and parents what each training session achieves, while showcasing the players talents to

**~Home of the Dolphins~ | Website: [www.formbasketball.com](http://www.formbasketball.com) | Email: [payments@formbasketball.com](mailto:payments@formbasketball.com) |  
Instagram: [f.o.r.m.\\_basketball](https://www.instagram.com/f.o.r.m._basketball) | Twitter: [@FORMBasketball](https://twitter.com/FORMBasketball)**



**Fundamentals – Organization – Respect – Motivation**

***“Achieve the gold standard with us”***

potential members and prospective Provincial and Post-Secondary Coaches and programs. These posts shall be on our official social media platforms of Instagram, Twitter and Facebook along with the formbasketball.com website

17. Coaches at F.O.R.M. exercise the right to dismiss and/or remove a player(s) for misbehavior, inability to follow the F.O.R.M. standards or respect for oneself and others (<https://formbasketball.com/goal-%26-mission>), **excessive use of vulgar language, bullying (including cyberbullying) or refusal to train**
18. There is a zero tolerance policy for fighting, violent behavior, cyber-bullying or drug usage. A player will be removed from the session and a meeting will take place between player, coaches and parents to discuss that player's continued participation in the Academy
19. **Contact information** – website: [www.formbasketball.com](http://www.formbasketball.com) – Inquiries/Basketball related Information) – [payments@formbasketball.com](mailto:payments@formbasketball.com) (Finance/Accounting/Attendance/Registration) - Instagram: f.o.r.m.\_basketball – Twitter: @FORMBasketball

By agreeing to these Terms & Conditions, both Player (named in registration form and/or Player Contract and opting into payment of fees) and Parent/Legal Guardian (named in registration form and/or Player Contract and opting into payment of fees) certify that they have read and understood all portions. Both agree to abide by the contract and will adhere to all portions of the contract terms, Player Contract and Terms & Conditions. Failure to do so, could result in player's potential removal or termination from F.O.R.M. Basketball Academy and/or pursuit of legal action for breach of session or term contract.