## **EQUIPHORIA**

## Level 1 – Introduction to Equine Massage

This program is ideal as an introductory course for people wanting to be able to give their own horse a beneficial massage and help reduce pain and dysfunction in them. It is a good foundation to build further knowledge from. You can start helping your horses right from the very first day.

This course is delivered 100% online at your own pace in 4 easy to understand modules released over 4 weeks to allow you time to practice and learn. It is the foundation work of Equine Massage and will give you a variety of techniques to use. At the end you will receive a Certificate of Completion.

## What you will learn:

- Introduction to Horsemanship to help keep you safe and improve your results.
- Contraindications to massage.
- 8 massage techniques in the form of downloadable videos so you can learn in the paddock when and where to use each of the techniques.
- An effective head massage program.
- An effective leg massage program.

Cost: \$100

Delivery: 100% Online