

EQUIPHORIA

Level 3 – Equine Bodywork Course focusing on the Muscular and Skeletal Systems

This is an intensive program for anyone who is keen to pursue a career in the Equine Bodywork industry. There is a growing demand across all equine disciplines for bodyworkers that are effective and can get results.

This course focuses on the two major systems of the horse that are responsible for creating movement. It will teach you exactly how to work on both systems to reduce pain and dysfunction with a more holistic approach as well as increase the horse's overall performance and wellbeing.

This course is delivered over 8 modules. While most of this course is online at your own pace in easy to understand modules there is a practical face to face component that is required to complete the course and allow you to work confidently, safely and effectively within the equine industry as an Equine Bodywork Professional. The face to face component is delivered by Equine Bodywork Industry Professionals.

What you will learn online:

- Introduction to Horsemanship to help keep you safe.
- Contraindications to bodywork.
- A range of massage techniques including where and how to use them for the greatest effect.
- Equine Anatomy.
- Safe and effective passive stretches.
- Introduction to Nutrition including discussions on feeding programs and supplements
- Introduction to exercise and fitness including a basic equine fitness program
- Information on other modalities including Acupuncture; Ice Therapy; Magnetic Therapy; PEMF and where they may be used to assist healing and wellbeing on the horse.

What you will learn face to face:

- Consolidation of all massage techniques and passive stretches.
- Safe and effective active stretches for skeletal alignment.
- Taping techniques.

Cost: \$5000

Delivery: Online plus face to face component