EMDR Training Objectives

Participants will be able to identify the components and the eight phases of EMDR approach designed to  
provide effective treatment to clients.  
Participants will be able to identify the Three-Pronged protocol of EMDR therapy.  
Participants will be able to identify the AIP model for effective case conceptualization and treatment  
planning.  
Participants will be able to identify the differences between EMD and EMDR therapy standard protocol.  
Participants will be able to identify the History Taking and Treatment Planning phase of EMDR.  
Participants will be able to identify the Preparation phase of EMDR.  
Participants will be able to identify the Assessment phase of EMDR.  
Participants will be able to identify the Desensitization phase of EMDR.  
Participants will be able to identify the Installation phase of EMDR.  
Participants will be able to identify the Body Scanning phase of EMDR.  
Participants will be able to identify the Closure phase of EMDR.  
Participants will be able to identify the Reevaluation phase of EMDR.  
Participants will be able to identify symptoms that are treatable with EMDR.  
Participants will be able to identify clinical symptoms that indicate the need to assess for dissociation  
and the intervention for dissociation during an EMDR session.  
Participants will be to identify procedural steps for closing down an incomplete session.  
Participants will be able to identify the purpose of the Safe/Calm Place protocol.  
Participants will be able to identify the purpose of the Containment protocol.  
Participants will be able to identify the purpose of the Future Template protocol.  
Participants will be able to identify the purpose of the Resource Development protocol.  
Participants will be able to identify when the Recent Events protocol is an appropriate intervention.  
Participants will be able to create a treatment plan to prioritize targets appropriate for EMDR treatment.  
Participants will be able to list important existing studies.