**EMDR Basic Training Info:**

The EMDR Basic Training is a 50-hour training divided into two parts (20 hours of didactic and 20 of practice) and 10 hours of consultations. Each training week is scheduled from 9:00 am to 1:30 pm each day for five days. The consultations calls schedule will be shared after each training week.

Our cost is $1200 per person. This cost includes the two-part training and the 10 hours of consultation calls.

Cancellation policy:

We require a month cancellation notice (prior to first day of training week) for a 100% refund. After a month, there will be a 25% administrative charge per week until the training date.

The required reading prior to training is as follows:

1. Shapiro, Francine. (2018). *Eye Movement Desensitization and Reprocessing (EMDR) Therapy, Third Edition: Basic Principles, Protocols, and Procedures*. New York: Guildford Press
2. [Go With That Magazine Fall 2020, Volume 25, Issue 3 [EMDR & Racial Trauma]](https://www.emdria.org/wp-content/uploads/2021/05/GWT.2020.Vol_.25.Issue_.3.RacialTrauma.ALL_.pdf)
3. [Guidelines for Virtual EMDR Therapy (Spring 2020)](https://www.emdria.org/wp-content/uploads/2020/04/virtual_tg_report_for_member.pdf)

Required Supplemental Material:

1. EMDR Basic Training Curriculum Requirements https://www.emdria.org/wp-content/uploads/2020/04/EMDRIADefinitionofEMDR.pdf
2. Access to a current list of EMDR related research citations can be found online at <https://emdrfoundation.org/emdr-info/research-lists/>
3. Access to the Journal of EMDR Research Practice and Research Volume 13 Issue 4 <https://connect.springerpub.com/content/sgremdr/13/4>
4. Information regarding membership and programming of EMDRIA https://www.emdria.org/about-emdria/emdria-membership/ and Becoming an EMDR Therapist video https://youtu.be/W3hDfWVtz18 VII.

This training is dependent on all participants fully participating in the practicums that are a part of this training. If a participant is unable or unwilling to participate, they will not receive their Certificate of Completion.

Trainees must complete all instructional, practicum and consultation hours within 12 months of starting the training to receive a certificate of completion.

These requirements outline the minimum eligibility requirements to take an EMDRIA Approved EMDR Basic Training. Please follow up directly with the [**EMDRIA Approved Training Provider**](https://www.emdria.org/emdr-training/emdr-training-old/find-an-emdr-training/find-an-emdr-training-provider/) to inquire about additional eligibility criteria that they may require.

Licensed Mental Health Professionals

* Qualifying medical doctors must be licensed to practice in their state or province.
* Qualifying advanced practice registered nurses must have a Master of Science in Nursing (or higher) with a specialization in psychiatric mental health nursing and must be licensed to practice through their state board or province.
* Qualifying Mental Health Clinicians must have a master’s degree in the mental health field (Counseling, Marriage Family Therapy, Psychology, Psychotherapy, Psychiatry, Social Work) or related mental health discipline and be licensed to practice through their state board or province.
* **Individuals who only hold a chemical dependency or substance abuse license are not eligible as these licenses generally do not allow for a mental health scope of practice.**

Pre-Licensed Mental Health Professionals

* These are clinicians who are actively pursuing a mental health license through their state board (or province) while working under a licensed supervisor. Some of these license types include associate, intern, limited, provisional, temporary and pre-license.
* Qualifying pre-licensed mental health clinicians must have a master's degree in the mental health field (Counseling, Marriage Family Therapy, Psychology, Psychotherapy, Psychiatry, Social Work) or related mental health discipline and must be actively pursuing a full license through their state board (or province) while working under a licensed supervisor.
* **Individuals who only hold a chemical dependency or substance abuse license are not eligible as these licenses generally do not allow for a mental health scope of practice.**

Graduate Students

* Qualifying graduate students must be enrolled in a master’s or doctoral program in the mental health field (Counseling, Marriage Family Therapy, Psychology, Psychotherapy, Psychiatry, Psychiatric Nursing, Social Work) or related mental health discipline. Students must have completed their core graduate academic coursework and must be in the practicum/internship portion of their graduate program. **First year graduate students are not eligible.** Graduate students must be on a licensing track and working under the supervision of a fully licensed mental health clinician.
* Graduate students who would like to take an EMDR Training will need to submit certain documentation (graduate transcript, practicum or internship details, and a letter from their supervisor which includes the supervisor's license information and number) to verify their eligibility. **Students do not need to provide EMDRIA with any documentation unless specifically asked to do so by EMDRIA staff.** Any documentation that needs to be submitted would go directly to the training provider either prior to or during the training registration process.