

Newsletter

**THE MOST
TRENDY SOCKS
THIS YEAR,
ARE THE ONES YOU
DONATE TO COMO
INFO@COMO-CARES.ORG**



Needs of the month

Over the past few months several of our supporters told us, they would love to know a need for the month. If they know ahead its easier to organize and mobilize ! So we hear you! Once a month our topic will be the need of the month for both of the centers, TWO &THREE and RECOVERY.m Ifyou have a passion for one of these areas please let us know with your sticks and we will see that it gets there!

IDEAS

- FACEBOOK SOCK DRIVE
- SMALL GROUP CHALLENGE
- CHURCH CHALLENGE
- WORK CHALLENGE
- AMAZON CLICK LIST
- FAMILY VS FAMILY
- BIRTHDAY SOCK DRIVE



Trench foot happens when one is exposed to cold, wet, and unsanitary conditions. While more infamous for being a reality of war, trench foot can take hold in as little as 13 hours in the right conditions and one study found as much as 5% of the Homeless population suffered from it. Just as painful on the feet are tropical ulcers, also known as Jungle Rot. Both can lead to gangrene and require intense medical treatment, possibly loss of limb.