

Build a Babysitting Go-Bag

Be ready for your next babysitting gig!

Be ready to dispense fun and handle emergencies with a well-rounded activity kit you can keep packed for your babysitting jobs. The key is having activities and supplies for a variety of ages, interests and attention spans.

Here are some ideas:



Art and Craft Supplies

1. Colored pencils, crayons, and markers
2. Drawing pads or coloring books
3. Construction paper and scissors (child-safe)
4. Glue sticks and stickers
5. Craft kits (like friendship bracelets, or bead kits, etc.)



Games and Puzzles

1. Card games (UNO, Go Fish)
2. Board games (appropriate for the children's ages)
3. Puzzle books (crosswords, word searches)
4. Jigsaw puzzles



Outdoor Activities

1. Sidewalk chalk
2. Bubbles
3. Jump rope
4. Simple sports equipment (small ball, frisbee)



Books and Storytelling

1. Age-appropriate picture books or short chapter books like *The Red Letter Day*
2. Interactive storybooks (those with flaps, textures, etc.)
3. Mad Libs

Quiet Time Activities

1. Playdough or modeling clay
2. Legos or building blocks
3. Sensory toys (like fidget spinners, stress balls)

Educational Activities

1. Simple science kits
2. Flashcards (alphabet, numbers, animals)
3. Educational apps or websites (with parental approval)

Imaginative Play

1. Dress-up clothes and accessories
2. Stuffed animals or dolls
3. Action figures or small toy sets

Practical Items

1. First aid kit (basic supplies)
2. Hand sanitizer and wipes
3. Snacks (with parental approval)
4. Water bottles

Planning and Safety

1. Emergency contact information sheet
2. Schedule or list of activities
3. Parental permission for certain activities (e.g., screen time)



Including a mix of these in your Go Bag will help ensure you can keep your children engaged, entertained, and safe. It's also a good idea for you to check with the parents about any specific preferences, allergies, or restrictions.

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