

**STRIPE #2:  
PATTERNS &  
STEP SPARRING**



**STUDENT:** \_\_\_\_\_ **AGE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**EXAMINER:** \_\_\_\_\_ **DEGREE:** \_\_\_\_\_

**CRITERIA:**

<b>A) STANCES &amp; POSTURE</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>B) TECHNICAL CORRECTNESS</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>C) POWER, SHARPNESS &amp; EFFORT</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>D) RHYTHM, TIMING &amp; RELAXATION</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>E) FOCUS, ATTITUDE &amp; DISCIPLINE</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

*Learn more about  
the Criteria*



All techniques in this stripe test are scored based on the performance & execution. Scores range between 1 & 5 (1 being a redo & 5 being excellent). In order to pass this section and earn the stripe, you must achieve a score of 4 or above for each technique.

**FINAL RESULT:**

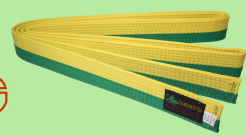
**PASS**

**TRY-AGAIN**

**THIS WEEK**

**NEXT MONTH**

**STRIPE #2:  
PATTERNS &  
STEP SPARRING**



**STRIPE**



<b>STRIPE #2 REQUIREMENTS:</b>		<b>NOTES:</b>
Pattern CHON-JI		
Pattern DAN-GUN		
Pattern DO-SAN		
Two Step Sparring #1		
Two Step Sparring #2		

**ADDITIONAL NOTES:**

---

---

---