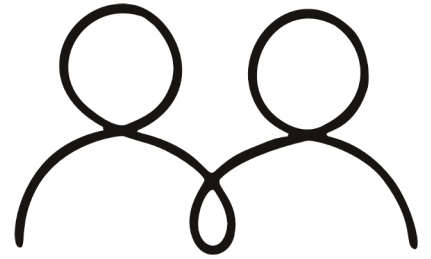


# The Relationship Workshop



Sunday, April 19, 2026 at 4-5:15pm | Citrus Heights Stake Center

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In this workshop we will focus on parenting children in the home:

- Applications of the *Parenting Pyramid*
- Explore the 4 Parenting Styles
- How to help children learn emotion regulation
- Keys to raising resilient and secure children

Grandparents: you are welcome to invite your adult children from outside our stake.

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Using over 50 years of marital and parenting research from leading experts, consistent with the gospel of Jesus Christ, let's learn together how to strengthen our family relationships.

Taught by Darcey Huish, MS, LAC and President Karl Huish

Presentations and Handouts from previous workshops available on the Stake FaceBook Page.  
Video recordings available on the Stake YouTube channel. Stake Center: 2549 N. 32<sup>nd</sup> St., Mesa.