



Simple Crockpot Italian Chicken

BY AMEE'S SAVORY DISH

🕒 15 MINS | 🍴 6 SERVINGS

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INGREDIENTS

1 ½ pounds boneless chicken breasts	1 tablespoon Italian seasoning
	1 dash salt, to taste
2 tablespoons extra virgin olive oil	1 dash pepper, to taste
2 cloves garlic mashed	15 ounces diced tomatoes drained
1 ½ cups chicken broth	1 ½ cups parmesan cheese shredded

NUTRITION INFORMATION PER SERVING

Calories 298kcal	Sodium 521mg
Carbs 4.67g	Fiber 1.58g
Protein 36g	Added Sugar 0g
Total Fat 14g	Fruits 0 servings
Saturated Fat 5.5g	Vegetables 0.59 servings

Method

- Note: A crockpot meat rack is recommended when preparing this recipe, if available.
- Place chicken breasts on the cooking rack and pour the chicken broth in the bottom of the slow cooker (it should come to just the top of the rack).
- Add garlic cloves to the chicken broth. Drizzle chicken with olive oil and season with Italian seasoning, salt and pepper.
- Pour drained, diced tomatoes on top and then sprinkle with parmesan cheese.
- Cook on low for 4-5 hours.

