

F.A.S.T. Warning Signs

Use the letters in F.A.S.T. to spot a stroke

F

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Face Drooping

Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven?

A

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Arm Weakness

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

S

=

Speech Difficulty

Is speech slurred?

T

=

Time to Call 911

Stroke is an emergency. Every minute counts. Call 911 immediately. Note the time when any of the symptoms first appear.