## ARLENE POLSTER, THE FOUNDER OF OUR BOSOM BUDDIES OF HAVASU.

These lovely ladies belong to an association called Bosom Buddies of Havasu. The smiles on their faces reflect the strength and tenacity that are in their hearts. Arlene believes that support groups will give you overwhelming validation that others have felt the way you now feel and survived. There's No Place Like Hope By Vickie Girard



