



# Behavioral Health Crisis & Resource Numbers

**Dialing..... 2-1-1**

Available statewide in Arizona, providing guidance for those in need of health and human services in your community. Helps direct callers to services for, among others, the elderly, the disabled, those who do not speak English, those with a personal crisis, those with limited reading skills, and those who are new to their communities.

**Crisis Response Network ..... 1-877-756-4090**

The Crisis Response Network (CRN) serves most of Arizona. Most agencies refer calls to CRN (at least after hours).

**Specialists can help in many ways, including:**

- Talking to you and helping you calm down
- Helping you deal with difficult relationships
- Sending help to meet you in the community
- Helping you arrange counseling or connecting you to a community resource near you
- Stabilizing violent or threatening situations
- Helping you identify your resources for care
- Talking about your worries about a loved one
- Talking about thoughts of suicide
- Getting you somewhere that's safe
- Providing emotional support to children who have been removed from their homes
- Presenting options for dealing with urgent situations

**Terro's Mobil Crisis Service..... 1-877-756-4090**

**Mohave Mental Health Crisis Line ..... 1-888-757-8111**

This number reaches the main Mohave Mental Health Clinic in Kingman. After hours, calls are transferred to the Crisis Response Network

**Mohave Mental Health Office Line..... 1-928-855-3432**

Located at 2187 Swanson Ave., Lake Havasu Open 8:00 am to 5:00 pm Monday through Friday. Can petition for Title 36 (involuntary commitment)

**Southwest Behavioral Services Office Line ..... 1-928-453-2661**

Pressing "1" in the menu will transfer the caller to the Crisis Response Network. 1845 McCulloch Blvd. N. Suite 101, Lake Havasu.

**NAZCare Warm Line..... 1-888-404-5530**

NAZCARE operates a state wide 'warm line' for members to call when they want to talk – it is not a crisis line but can be used to possibly divert crisis. This warm line operates 7 days a week from 5:30p to 10:30p. NAZCare is a nonprofit serving people in recovery with mental health, co- occurring and substance use disorder to promote holistic health.

**National Alliance on Mental Illness..... 1-800-950-NAMI (6264)**

10 am to 6 pm ET. NAMI staff can answer general questions about symptoms, treatment options and education and give referrals. That cannot give advice on individual cases. Resources can be found at [www.nami.org](http://www.nami.org)