

# EVERYDAY LESSONS

## COMPANY OVERVIEW

### WORKSHOPS

Our workshops are tailored to different venues and focus on key topics such as personal development, emotional well-being, and understanding feelings. We also cover areas like empowerment, emotional regulation, and practical coping strategies to support mental health and positive growth. These vary from 1 hour to 1 full day.

### 1-2-1

We offer one-to-one support where needed, which must be pre-planned with a clear support plan in place. Our tutors can cover both academic and vocational areas. Please get in touch if you're interested in 1:1 support.

### FLEXZEE

This 6-week hybrid programme supports learners to improve well-being, build confidence, and re-engage with life and learning. Through topics like self-care, stress management, social skills, and future planning, learners develop routines, resilience, and motivation. The course includes low-pressure challenges and ends with a certificate of completion. The aim is reengagement and connection. It can run over 6 -9 or 12 weeks.

### ACCREDITED Lower level qualification

Everyday Lessons offers an entry-level qualification to help learners re-engage with education, build confidence, and prepare for higher-level study. The Flexzee programme blends online and face-to-face learning, supporting a smooth transition into vocational training. Learners gain essential skills, break down social barriers, and work toward an Ofqual-regulated qualification at their own pace. Subjects such as hair and beauty and sports.

### ACCREDITED Higher level qualification

Everyday Lessons supports students, Learners work towards higher level qualifications while gaining skills in their chosen vocation, plus employability tools like CV writing, interview prep, and work experience. The programme also offers mentoring, well-being support, and meets Gatsby Benchmarks to prepare learners for further study, employment, or self-employment. Currently available for hair and beauty, with more sectors launching soon.

### BESPOKE PROGRAMMES

All of our programmes and entry-level courses can be tailored to suit individual needs or buyer requirements. Whether delivered in-house, at a local venue, or through a mix of shorter hours or extended days, we offer flexible, bespoke options. We adapt to create the right fit for you.

### STAFF TRAINING

We offer staff training through Ofqual-regulated qualifications, mainly delivered online through independent study. Courses include L3 AET, L4 CET, L5 DET, L3 CAVA, and L4 IQA. For full details, please visit the 'Teaching Qualifications' tab on our website.

### CONSULTANCY

We provide consultancy services to educational providers seeking expert guidance on attendance strategies, behaviour management, CPD planning, policy development, quality assurance, and compliance with awarding body requirements, OFSTED training etc. Our support is tailored to enhance overall quality and ensure regulatory compliance.

### EVERYDAY LESSONS CIC

Our non-profit CIC was established to support the Wigan community by raising funds to assist children, young people, and families. We provide access to educational resources and wellbeing workshops, fostering a strong sense of connection and community.

Enrolment fees and examination fees are not included in daily costing for accredited qualifications.

For learners who require additional levels of support - Additional costs will be discussed at points of referral. (EHCP)

SLA will be agreed upon.