

EVERYDAY LESSONS

# FLEXZEE

POST 16  
HAIR AND BEAUTY

Everyday Lessons offers tailored support to meet the needs of our post 16 learners. The Flexzee programme features an interactive online platform led by a specialist tutor, combining online learning with in-salon sessions. By blending practical skills with theoretical knowledge, the programme equips young learners with valuable qualifications, preparing them for further education or entry into the workforce.

## THE QUALIFICATION

VTCT L1 Diploma leading into L2 Diploma.  
Fully accredited.  
Ofqual regulated qualifications.

## COURSE CONTENT

- WORK READY
- HEALTH AND SAFETY
- PRESENTATION OF A PROFESSIONAL IMAGE
- RECEPTION DUTIES
- COMMUNICATION TECHNIQUES
- WORKING WITH OTHERS
- CREATING RETAIL DISPLAYS
- OPPORTUNITIES IN THE HAIR AND BEAUTY SECTORS
- PREPARING FOR A JOB INTERVIEW
- PROMOTING YOURSELF
- NAILS
- BEAUTY
- HAIR
- MAKEUP

## PROGRESSION

- GATSBY BENCHMARKS MET
- JOB FAIRS
- NETWORKING OPPORTUNITIES
- FURTHER COURSE PROGRESSION
- GOAL SETTING
- MENTOR SUPPORT
- REGULAR REVIEWS
- PERSONAL LEARNING PLAN
- KEYNOTE SPEAKERS
- WORK EXPERIENCE
- SELF EMPLOYMENT
- APPRENTICESHIP
- EMPLOYMENT

## WHERE ARE WE?

ONLINE  
IN SALON  
OUTREACH

## EMPLOYABILITY INSIGHTS

- CV WRITING
- FINANCIAL
- INTERVIEW TECHNIQUES
- SEARCHING FOR JOBS
- APPLYING FOR JOBS
- PROFESSIONALISM EXPECTATIONS
- DRESSING FOR INTERVIEWS
- LEADERSHIP OPPORTUNITIES
- ORGANISATION
- WORK EXPERIENCE
- PROFESSIONAL WORKING ENVIRONMENT



## MENTAL HEALTH AND WELLBEING

- SAFE CALM SPACES
- WELL BEING ADVISORS
- EXTERNAL SUPPORT SPECIALIST SUPPORT.
- MENTAL HEALTH FIRST AIDERS
- WELL BEING WORKSHEETS
- JOURNALING
- MEDITATION
- BREATHWORK
- REGULATION TECHNIQUES
- POSITIVE AFFIRMATIONS
- MINDSET TOOLS
- SUPPORT GROUPS



NO PRE REQUISITES - OUR LEARNERS WILL BE ASSESSED AND ALLOCATED A COURSE BASED UPON THEIR INDIVIDUAL NEEDS



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